



Newsletter

36th Edition/ April 2025

Newsletter

36th Edition/April 2025

AIDLEARN, CONSULTORIA EM RECURSOS HUMANOS, LDA

Training, Research-Action and Consulting Company, which has been operating at national and European level since 2003, dedicated to design, implementation and evaluation of studies, projects and training activities that favour individual and/or organisational development. It is a training entity certified by DGERT (Directorate General for Employment and Labour Relations) in various areas of education and training.



Studies and Projects

- *Innovation in education/training systems*
- *Encouraging organizational learning, diversification of the training offer and renewal of practices*
- *Design and development of studies and projects*

Vocational Educational and Training

- *Skills management for organizational development, innovation and competitiveness*
- *Professional and business training*
- *Planning, management, monitoring and evaluation of interventions for skills development*

Newsletter AidLearn

The publication of the AidLearn Newsletter is addressed to partners and customers of the company's networks.

It aims to:

- Promote business activity;
- Keep in touch with all stakeholders;
- Provide useful and timely information.

In this 36th edition (April 2025), we will present the main news about national and international projects coordinated or partnered by AidLearn, from January to March 2025.



Newsletter

36th Edition / April 2025

HIGHLIGHTED

*Ongoing Project events of ASSIST,
EUVET-P & MedSEVa*



*CHECK OUT THE latest NEWS FROM
EDUAI, & IntCultAE*





ASSIST – The ASSIST Projects aims to boost cyber security and create awareness and promote responsible digital consumption, especially among citizens over the age of 50 and in rural areas. This way, contributing to a safer and more sustainable digital future for everyone!

Learn more at:



Coming Soon:

The ASSIST Survey Results & Findings on Cybersecurity Awareness and Digital Consumption

As part of the ASSIST Project – an initiative co-funded by the European Union under the Erasmus+ Programme in the field of Adult Education – a survey has recently been conducted to explore European citizens' **awareness of cybersecurity and habits of digital consumption**.

The questionnaire, available [here](#), gathered valuable insights that will soon inform the project's next steps and contribute to the development of educational resources aimed at fostering safer, more responsible digital behaviours among adults.

We look forward to sharing the key findings in the upcoming stages of the project. Stay tuned for updates!



Next Activities:

Assist Training in Turkey – September 2025

A 4-day intensive training programme will be held in Turkey, with four trainees per partner organisation. During the sessions, participants will test the developed tools and provide feedback on the final project outputs, including the *Cybersecurity Guide* and the ASSIST *mobile application*;



Dissemination Events in Partner Countries – October to November 2025

Each partner will host a national dissemination event to present the project outcomes, share educational resources, and promote responsible digital practices among adult learners. AidLearn's event will highlight key achievements and distribute materials that encourage safer digital engagement.

Final Transnational Partner Meeting – October 2025

The final project meeting will take place in the Netherlands, bringing all partners together to evaluate project results, share lessons learned, and discuss future collaboration opportunities.

AidLearn's Role & Contributions

- Local dissemination activities in Portugal;
- Contributing to the development of training content for adult learners;
- Engaging with local communities, NGOs, and senior citizens to raise awareness of digital responsibility;
- Promoting project outputs through its extensive national network;
- Leading the development and publication of a research article on the ASSIST project, based on a literature review and findings from the partner survey on cybersecurity-related topics.

***For more information about the project,
visit the project website or follow us on Social media!***

<http://assisterasmus.com>

ASSIST Partnership

Coordinator: KIRSEHIR AHI EVRAN UNIVERSITESI (Turkey)

Partners:

- AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- KIRSEHIR VALILIGI (Turkey)
- KBM Consultants Projects Limited – Ireland4Europe (Ireland)
- Both Online B.V. (Netherlands)

EUVET-P: European Union Vocational Education and Training – Policy project seeks to bridge the gap between EUVET policy and its application in daily teaching and training practices.

Learn more at:



Project Update: EUVET-P in Action

EUVET-P (Vocational Education and Training Policy in the European Union) is progressing strongly toward its mission: developing innovative, accessible, and value-driven learning units that support European VET staff and institutions.

First Transnational Project Meeting



On the 23rd and 24th of January, AidLearn participated in the first face-to-face meeting of the EUVET-P Project, hosted by TU Dresden, in Germany.

During the meeting, partners shared insights from the national focus groups, and explored how the EUVET policy tools are perceived and applied.

Discussions highlighted their importance in aligning vocational education with labour market needs and supporting skills development across Europe.

Next on the Agenda:

- Planning the development of practical learning units for VET staff, teachers, and trainers – to be designed to support the integration of EUVET tools into everyday teaching and training practices.

A valuable step forward in bridging the gap between policy & practice!

Developing Digital Learning Units for VET Professionals

On the 24 March the EUVET-P team reviewed the project's progress and planned the next phase on the development of four comprehensive digital learning units tailored for VET providers, teachers, and trainers across Europe. The aim is to equip VET professionals with a deeper understanding and practical knowledge of key EU VET policy tools, including:

- **Europass**  **europass**
- **EQF/NQF (European and National Qualifications Frameworks)**
- **EQAVET (European Quality Assurance in Vocational Education and Training)**



What Sets These Units Apart?

These learning materials will be carefully designed to be:

- **Application-Oriented** – Offering practical examples and clear guidance for real-world implementation;
- **Value-Oriented** – Grounded in European values such as inclusion, diversity, and sustainability;
- **Needs-Based** – Informed by the specific needs of VET teachers, trainers, and institutions;
- **Multimodal** – featuring engaging content formats including videos, podcasts, written materials, and learning activities

All materials will be available in English and published as **Open Educational Resources (OER)** – free to use, access, and share across Europe.

The Good Practice Report is now available!

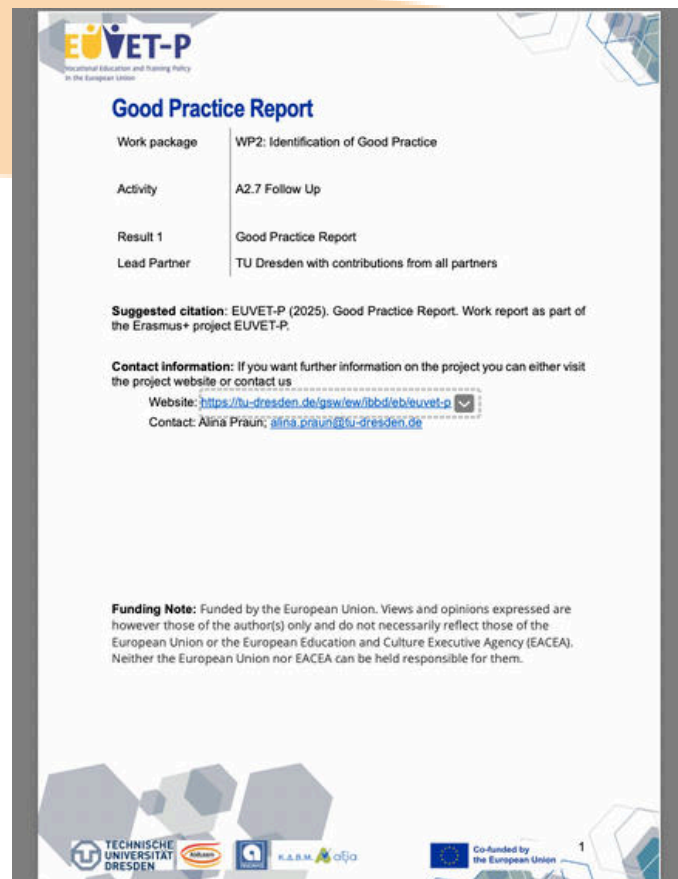
Good Practice Report

The Good Practice Report is based on insights from the national focus groups, exploring the strengths and challenges of European Vocational Education and Training (EUVET).

The report:

- Showcases exemplary good practices
- Highlights key findings from partner's national countries
- Identifies 4 thematic areas for learning units

The **Good Practice Report** is designed for **VET teachers and trainers**, providing an introduction to EUVET and key initial insights into the topic.



Download it now on the **project website** using the **QR code**
or
through the following [link](#)



SCAN HERE

EUVET-P PARTNERSHIP

Coordinator: TU Dresden Technische Universität Dresden, Chair of Adult Education(Germany)

Partners:

- AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- KDBM Axia (Greece)
- ANDRAS (Estonia)

MedSEVa: Cultivating Sustainable Economies in the Mediterranean through Valorisation of Bushland Ecosystems is an Erasmus+ funded project aimed at promoting sustainable economies and preserving the Mediterranean bushland and maquis ecosystems.

Learn more at:



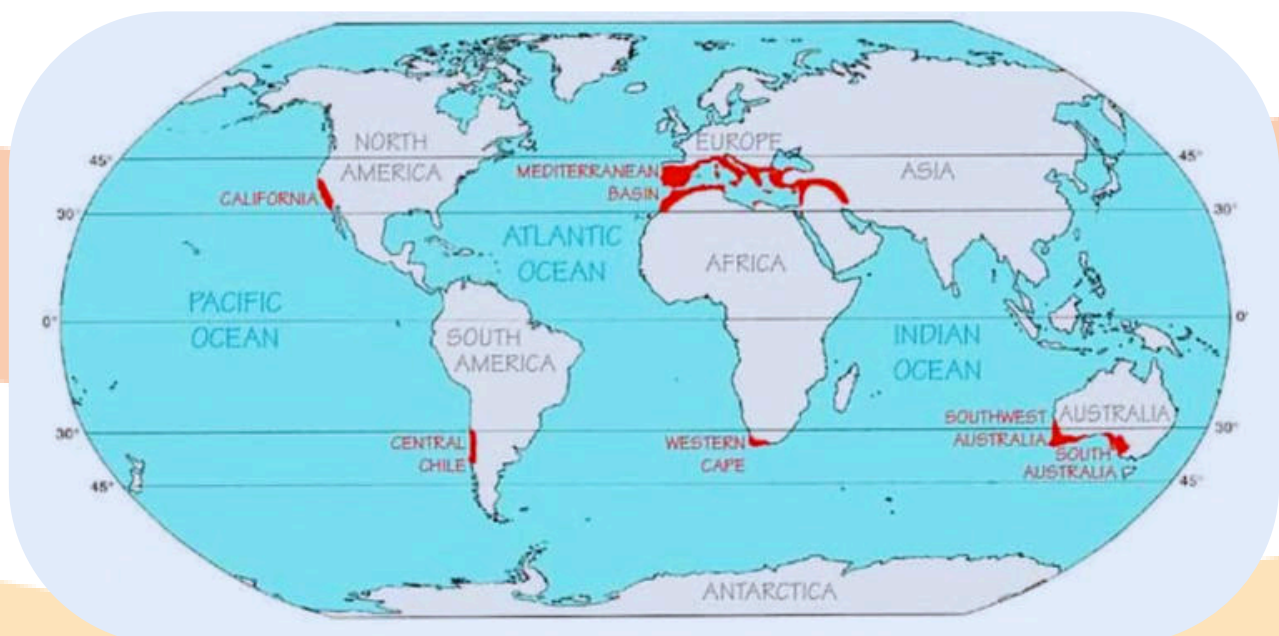
Project update:

All partners have been working in the **research of bushland ecosystems** in the several countries that have Mediterranean climate, which are not only located in Mediterranean coast, except for Turkish team who are developing the research on the economic value of such ecosystems.

- The research will also include a **Focus Group** in each partner country, to be held in the next months!

Countries with a **Mediterranean climate** include those around the Mediterranean Sea, such as Spain, Portugal, France, Italy, Greece, and Turkey, as well as regions in North Africa (Morocco, Algeria, Tunisia), South Africa (the Cape Region), the Middle East (Syria, Lebanon, Israel), and even parts of California, Chile, South Australia, and Western Australia.

- These regions are characterized by mild, wet winters and warm, dry summers.



Current Project Activities

First –Face-to-Face meeting:

The MedSEVa Project's first face-to-face meeting took place on January 22-23 in İzmir, Türkiye, hosted by Ege University!



MedSEVa

1st face-to-face
MEETING



Partners from across Europe gathered to align on key work packages, including project management, dissemination, the development of a conceptual handbook, and the creation of an interactive online HUB to promote sustainable economic practices in Mediterranean bushland ecosystems.

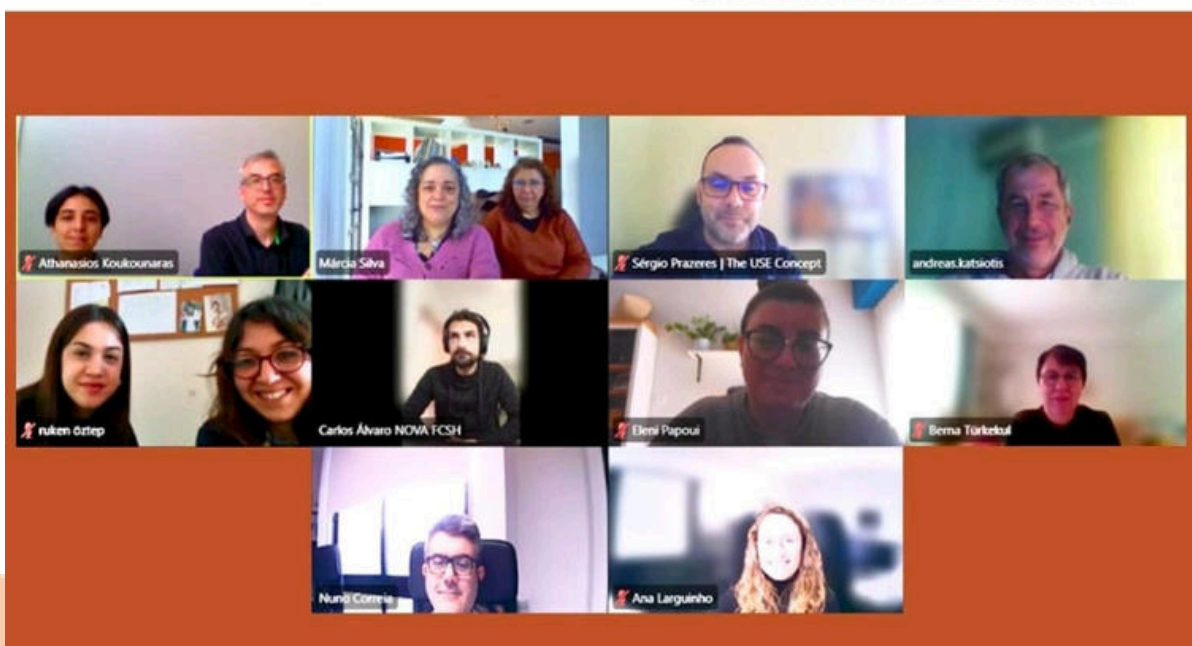
The consortium confirmed timelines, shared strategies for digital storytelling, and planned the next LTTA workshop in Lisbon this May. The meeting fostered strong collaboration and set the stage for impactful next steps.

MedSEVa's Second Online Meeting:

On March 11th, the MedSEVa team once again came together to review the project's progress and plan the next steps.

The virtual gathering facilitated a rich exchange of ideas and insights, with participants sharing updates on their respective contributions. The meeting emphasized the importance of continued collaboration and innovation in addressing the unique challenges faced by Mediterranean ecosystems.

MedSEVa **SECOND** ONLINE MEETING



MedSEVa PARTNERSHIP

Coordinator: ARISTOTELIO PANEPISTIMIO THESSALONIKIS (Greece)

Partners:

- EGE UNIVERSITY (Türkiye)
- TECHNOLOGIKO PANEPISTIMIO KYPROU (Cyprus)
- AidLearn, Consultoria em Recursos Humanos Lda. (Portugal)
- The USE Concept, Lda. (Portugal)

EDUAI : Empowering Educators for AI-Integrated Learning aims to empower social sciences Higher Education (HE) educators with the necessary skills to integrate AI technologies into their teaching methods.

Learn more at:



EduAI Project Launches “AI Integrated Learning Framework”!

Discover how Artificial Intelligence can transform higher education!

This **practical guide** explores AI tools like chatbots, adaptive learning platforms, and automated grading – while tackling ethics, data privacy, and accessibility.

With a strong focus on human oversight and inclusive adoption, the framework empowers educators to build innovative, equitable, and AI-ready learning environments.

Your roadmap to AI in higher education starts here!

Click here: [link!](#)



CONTENTS

ABSTRACT	1
EXECUTIVE SUMMARY	1
AI AND HIGHER EDUCATION FRAMEWORK.....	5
1. INTRODUCTION.....	5
2. METHODOLOGY.....	6
2.1. Qualitative research phase.....	6
2.2. Quantitative research phase.....	7
3. EDUCATION TECHNOLOGY.....	8
4. CURRENT STATE OF AI INTEGRATION IN HIGHER EDUCATION.....	10
5. ATTITUDES AND EXPERIENCES TOWARDS AI INTEGRATION IN HE.....	11
5.1. Technology Acceptance Model (TAM).....	11
5.2. Resistance to Change.....	13
5.3. Technological Pedagogical Content Knowledge (AI-TPACK).....	14
5.4. Perceived Trust.....	16
5.5. Anthropomorphism.....	17
5.6. Perceived Autonomy.....	18
6. AI ENHANCED TEACHING CYCLE.....	19
6.1. Pre-Class.....	21
6.2. In-Class.....	22
6.3. Post-Class.....	23
7. AI TEACHING CASES IN HE.....	24
8. AI TOOLS USED IN HIGHER EDUCATION AND TEACHING USE CASES.....	26
8.1. Chatbots.....	27
8.2. Plagiarism Detection Systems.....	27
8.3. Automated Grading Systems.....	27
8.4. AI-Powered Educational Games.....	27
8.5. Adaptive learning platforms.....	28
8.6. Intelligent Tutoring Systems.....	28
8.7. AI-Powered Learning Analytics.....	28
8.8. AI-Powered Learning Management Systems (LMS).....	28
8.9. Examination Tools.....	29
8.10. AI-Enabled Simulations.....	29
8.11. Speech Recognition and Transcription Software.....	29
9. ADVANTAGES OF AI.....	30
9.1. Qualitative.....	30
9.2. Quantitative.....	32
10. CHALLENGES.....	35
10.1. AI Knowledge And Literacy Gaps.....	35



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information contained therein.



Empowering Teachers with AI-Driven Insights

AI is transforming education, but how can teachers effectively integrate it into their classrooms?

- Research shows that while AI training significantly improves teachers' understanding, applying it in real-world teaching remains a challenge.



AI training improves teacher literacy, but applying it in classrooms remains a challenge.

Research says:

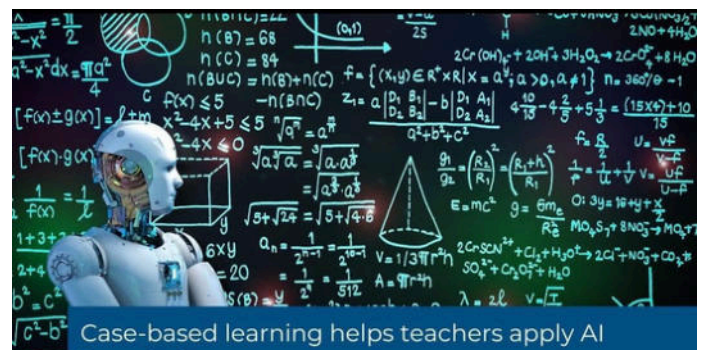
- Teachers showed significant growth in understanding AI concepts.
- But when it came to applying AI in their classrooms, progress was slower.

This means:

- Educators need more practical AI tools and real-world applications to confidently integrate AI into teaching strategies.



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Case-based learning helps teachers apply AI knowledge

AI training with real-world cases improves problem-solving skills!

- Well-structured cases → Teachers rely on prior experience.
- Ill-structured cases → Encourage deeper thinking and applying new AI knowledge.

Takeaway:

- Professional development should include case-based learning to help educators develop practical AI strategies for real classroom challenges.



Co-funded by the
European Union



Direct instruction boosts AI literacy growth

- Biggest improvement: Understanding how AI works!
- Biggest struggle: Applying AI knowledge in actual lesson planning.

The key to success?

- Combine direct instruction (theory) with practical case discussions (application).
- Provide hands-on AI tools for teachers.



Co-funded by the
European Union



Bridging the Gap: AI-Powered Teacher Training!

The future of teaching depends on AI-ready educators

- AI-focused PD programs
- Case-based learning for real-world application
- Ethical & practical AI integration



Co-funded by the
European Union



EduAI Project Research Article

We are thrilled to announce the publication of our research article, "**AI Integrated Learning for Higher Education Social Science Educators.**"

- This article dives into the transformative role of artificial intelligence (AI) in higher education, with a specific focus on the social sciences.

Highlights of the Research:

- A comprehensive overview of AI's global use in education.
- Insights into integrating AI into higher education while addressing challenges, opportunities, and ethical considerations.
- Strategies for enhancing student engagement and fostering essential digital literacy skills.
- Innovative approaches to develop AI-integrated teaching competencies.
- Recommendations for future research in advancing AI's role in education.

Our findings provide a critical perspective on the potential of AI to revolutionize teaching and learning in higher education, paving the way for innovative and inclusive educational practices.

Read the full article here:



EDUAI PARTNERSHIP

Coordinator: ISTANBUL UNIVERSITESI (Türkiye)

Partners:

- AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- UNIVERSIDADE DE AVEIRO (Portugal)
- MITROPOLITIKO COLLEGE ANOYMI EKPAIDEYTIKI ETAIRIA (Greece)
- EUROPAISCHER VERBAND BERUFLICHER BILDUNGSTRAGER (Germany)
- KRAKOWSKIE FORUM EDUKACJI SPÓŁKA Z OGRANICZONA ODPOWIEDZIALNOSCIA (Poland)

IntCultAE: Intercultural Competences for Adult Educators is an innovative initiative that aims to enhance the intercultural competencies of adult educators and it strives to create an inclusive and diverse learning environment by bridging cultural divides.

Learn more at:



Latest update of the project:

The "Stories of Acculturation" videos are now available!

We are pleased to announce that the Stories of Acculturation videos from the IntCultAE – Intercultural Competences for Adult Educators project are now complete and ready for viewing on our website and social media.

In these videos, immigrants from various cultures share their **personal stories of adaptation and integration in new countries**.

These heartfelt and authentic accounts highlight the **challenges and triumphs of the acculturation process**. Each story provides a unique opportunity to learn about diversity, inclusion, and the importance of intercultural education.

The personal stories are now freely available to everyone and serve as a valuable resource for reflection and discussion.

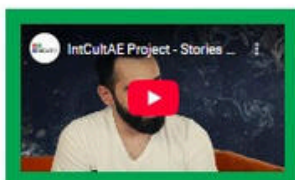
Watch the stories from *Portugal, Poland, Italy, Greece, & Germany* on the [website](#) and the [social media platforms](#) of the project



STORIES OF ACCULTURATION FROM PORTUGAL

In this video meet:

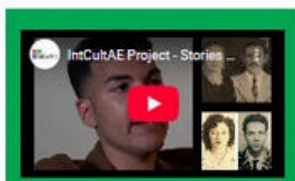
- Man Lin from China, who immigrated to Portugal
- José António da Costa David from Portugal, who immigrated to Australia
- Jean Felipe do Nascimento López from Brazil, who immigrated to Portugal
- David Barreira from Portugal, who immigrated to Belgium



STORIES OF ACCULTURATION FROM POLAND

In this video meet:

- Angelika from Poland, who immigrated to the United Kingdom.
- Vasilios Nasis from Greece, who immigrated to Poland.
- Aleksandra Krupik-Gauza from Poland, who immigrated to Sweden.
- Benjamin Ignatowicz from Poland, who recently moved back to Poland after growing up in the UK.



STORIES OF ACCULTURATION FROM ITALY

In this video meet:

- Gaby from Syria, who immigrated to Italy.
- Donato Caivano from Italy, who immigrated to various countries including Switzerland, Germany, Australia, Canada
- Kumba from Gambia, who immigrated to Italy.
- Giuliano Della Rovere from Brazil, who immigrated to Italy



STORIES OF ACCULTURATION FROM GREECE

In this video meet:

- Amir Hoshaj from Albania, who immigrated to Greece
- Eliana Perifanou from Greece, who immigrated to the United Kingdom
- Anna Groch from Poland, who immigrated to Greece
- George Sarakinos from Greece, who immigrated to Germany



STORIES OF ACCULTURATION FROM GERMANY

In this video meet:

- Daniel Ravichandran from India, who immigrated to Germany
- Mahima Valentine from India, who immigrated to Germany
- Julia from Germany, who immigrated to Portugal
- Anja Barradas from Germany, who immigrated to Austria

We've Also Started Developing the Workshop Guide Creation!

We are thrilled to announce that the IntCultAE project has officially begun the process of creating our **Workshop Guide** for developing intercultural competences for adult educators.

This guide aims to help organizations and learning institutions enhance their workshops by focusing on group face-to-face activities. It will provide clear technical implementation guidance, ensuring that educators and facilitators can seamlessly translate the online course modules into effective, hands-on workshops.

Moreover, the guide will emphasize the opportunity for participants to practice their skills in real-life scenarios, encouraging group discussions and reflection on diverse experiences.

It's designed to be a comprehensive resource that supports interactive learning and competence building.

Stay tuned for updates, we can't wait to share this exciting new resource with you!



The second IntCultAE newsletter is now available!

This edition highlights key project milestones, including:

- The finalization of the Intercultural Competences Course Framework
The release of the first Real-life Stories of Acculturation, now available on our website and social media.
- The publication of the Films and Scenes Catalog.
- Updates on the development of the MOOC and the Workshop Guide

Explore the latest developments and follow our journey to support adult educators in building inclusive learning environments.



NEWSLETTER 2

Intercultural Competences for Adult Educators

OUR PRODUCTS:

THE IntCultAE COURSE FRAMEWORK

Our first major milestone, the Intercultural Competencies Course Framework, has been finalized. This comprehensive framework serves as a foundation for any organization or individual to develop a course aimed at enriching adult educators with essential intercultural competencies. It outlines learning outcomes, content modules, and the necessary resources to empower educators in creating inclusive and respectful learning environments.

THE IntCultAE FILMS AND SCENES CATALOG

We have also completed the Intercultural Competencies Films and Scenes Catalog, a curated collection of multimedia resources. This catalog features films and scenes depicting intercultural interactions, serving as a dynamic teaching tool to illustrate complex concepts of cultural diversity and interaction in relatable and engaging ways. The Catalog is available in English, Portuguese, Polish, German, Italian, and Greek!

OUR 1ST REAL-LIFE STORIES

Another significant achievement is the ongoing compilation of Real-Life Stories of Acculturation. Through interviews and narratives, this collection brings forth authentic experiences of cultural adaptation and integration, offering deep insights and fostering empathy among educators and learners alike. Our first two movies are readily available on our YouTube page. Like the Catalog, the real-life stories are available in English, Portuguese, Polish, German, Italian, and Greek.

THE IntCultAE PROJECT: EMPOWERING EDUCATORS, UNITING CULTURES

The essence of intercultural competence has never been more crucial, particularly within the realm of adult education in the European Union. In an era marked by increasing diversity, the role of adult educators is pivotal in molding the perspectives and behaviors of learners. The IntCultAE project, supported by the Erasmus+ program and a collaboration among organizations from Portugal, Poland, Italy, Greece, and Germany, stands at the forefront of this transformative journey. Our aim is to enhance the intercultural competencies of adult educators, ensuring they are well-equipped to navigate diversity and create inclusive learning spaces. These environments encourage mutual growth and understanding among individuals from diverse backgrounds, fostering a multicultural society where education transcends cultural barriers. By tailoring educational approaches to meet the unique needs of adult learners, respecting their cultural identities, and adopting adaptable teaching methodologies, we empower educators to be catalysts for positive change. Through the IntCultAE project, we are not just promoting cross-cultural understanding but also knitting the fabric of a more cohesive, inclusive Europe.

The IntCultAE project proudly presents its suite of innovative products: the Intercultural Competencies Course Framework, the Films and Scenes Catalog, Real-life Stories of Acculturation, along with the under-development Intercultural Competencies Online Course and Workshop Guide, all designed to enrich adult education with deepened intercultural understanding and competence.

PROGRESS OF THE PROJECT DEVELOPMENT AND NEXT STEPS

In December of 2023, our partnership met in person for the third translation project meeting in Lisbon for the proper finalization of the 1st draft of our first project results and organization of their subsequent external evaluation. Ever since then, we have been diligently working on the final touches of the products already made available and on the next great products yet to come!

STAY TUNED ON FUTURE UPDATES ON OUR PROGRESS!

FOLLOW US @ [facebook.com/IntCultAE](https://www.facebook.com/IntCultAE)
[instagram.com/IntCultAE](https://www.instagram.com/IntCultAE)

Partners:







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 Supported by the European Union's Horizon and Erasmus+ programme
 View of the website and webinars will be monitored within the scope of the Erasmus+ project
 under the Erasmus+ project and will be subject to the same conditions as the project.

Read the full IntCultAE newsletter here:



Read it Here

IntCultAE PARTNERSHIP

Coordinator: UNIWERSYTET LODZKI (Poland)

Partners:

- EKPAIDEFTIRIA KALOSKAMI S.A. (Greece)
- EURO-NET (Italy)
- Erasmus ME Academy (Germany)
- AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)

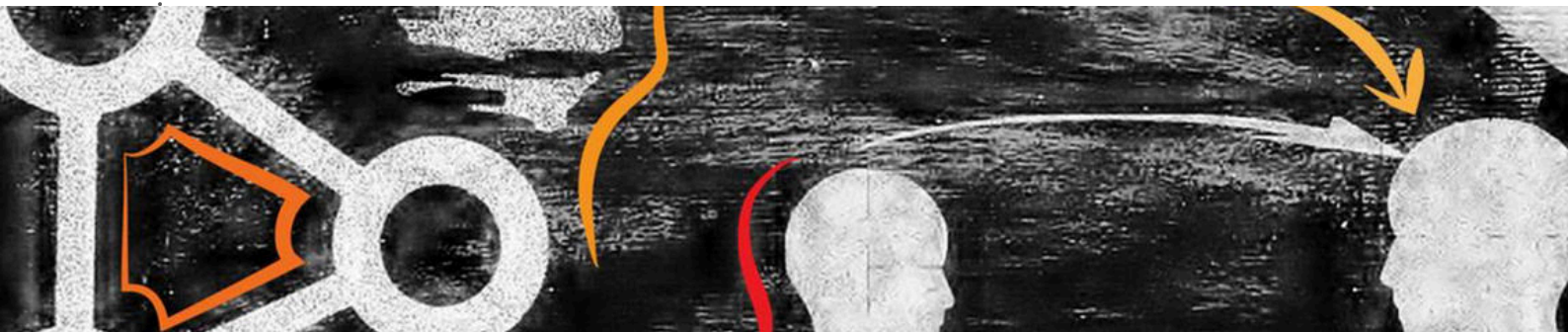
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