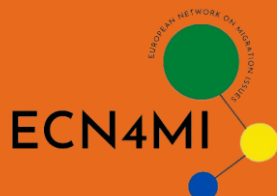


## HIGHLIGHTED

**The Project Peer Train  
has released its first  
result**



**The multiplier event  
of the ECN4MI  
Project took place in  
Santarém**



**National training  
offer and other news!**

## AIDLEARN

Training, Research-Action and Consulting Company, which has been operating at national and European level since 2003, dedicated to design, implementation and evaluation of studies, projects and training activities that favour individual and/or organizational development. It is a training entity certified by [DGERT](#) (Directorate General for Employment and Labour Relations) in various areas of education and training.

**Find out more about AidLearn and follow us!**



## AidLearn Newsletter

The publication of the **AidLearn Newsletter** is addressed to partners and customers of the company's networks. It aims to:

- Promote business activity;
- Keep in touch with all stakeholders;
- Provide useful and timely information.

In this 27<sup>th</sup> edition (January 2023), we will present the main news about national and international projects coordinated by AidLearn or developed in partnership, from October to December 2022.

In the last week of October, the CarboNostrum project team participated in a transnational meeting in the beautiful Spanish city of Murcia, where it was hosted by CSIC partners. During this meeting, the progress of the project and the finalization of the first results were discussed. There was also the opportunity to visit two charming places that will be part of some future studies.



The [CarboNostrum project flyer](#) was published, where you can find essential information about the objectives and products of the project.

Stay tuned with our Social Media to keep updated for the latest news!



The [Farge Organik](#) film exhibition, which took place on October 9 at Cine Eco Seia, was a success!

The CineEco - Serra da Estrela International Environmental Film Festival, is the only film festival in Portugal, totally dedicated to environmental issues, in its widest sense.

Our collaborators and film experts, Carlota Flieg and Eduardo Amaro presented Farge Organik, the 1st film in a series of 11 in the category "TELEVISION SERIES AND REPORTS COMPETITION", which raised great interest among the participants.

From the CarboNostrum project's series of best practices films, we proudly present the [Hortas da Rainha](#) and [Porcus Natura](#) films presenting Portuguese best practices in the Climate Smart Agriculture. Hortas da Rainha is a farm located in Torres Novas region that applies several agriculture techniques and also use the animals, as chickens and sheep, to regenerate the soil.

In Alentejo region, Montemor-o-Novo, there is the Porcus Natura regenerative farm that uses primarily the traditional alentejano black pig to regenerate the "Montado" soil. This farm is now producing high quality nutrient dense food whilst regenerating land and properly managing a highly diverse ecosystem.

To learn more about their fascinating work on the application of Climate Smart Agriculture watch the films in [AidLearn's YouTube page](#).



## CARBONOSTRUM PROJECT

**Coordinator: The USE Concept, Lda. (Portugal)**

### Partners:

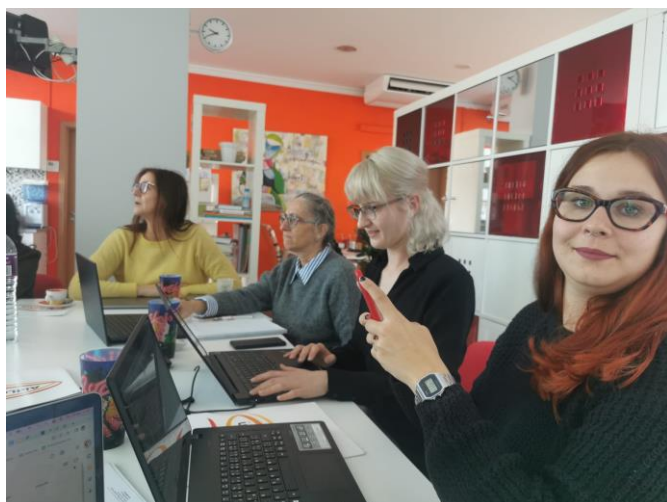
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ MAYLOG NAKLİYAT VE LOJİSTİK HİZMETLERİ TİCARET LIMITED SİRKETİ (Turkey)
- ✓ Molise verso il 2000 srl (Italy)
- ✓ AGENCIA ESTATAL CONSEJO SUPERIOR DE INVESTIGACIONES CIENTIFICAS (Spain)
- ✓ ARISTOTELIO PANEPISTIMIO THESSALONIKIS (Greece)



AidLearn hosted on the 10th and 11th November the UPSIM partnership meeting where we discuss the final steps for finalising the Training Handbook for UPSIM Mentors, the Mentorvention Cycle, and the tools associated with it.

We also discuss what to include in the final toolkit for foreign-born women and the display of our project results in the UPSIM platform.

Partnership is planning the piloting in the beginning of next year, followed by Multiplier Events in April and May 23.



## UPSIM PROJECT

**Coordinator: Internationella Kvinnoföreningen (Suécia)**

### Partners:

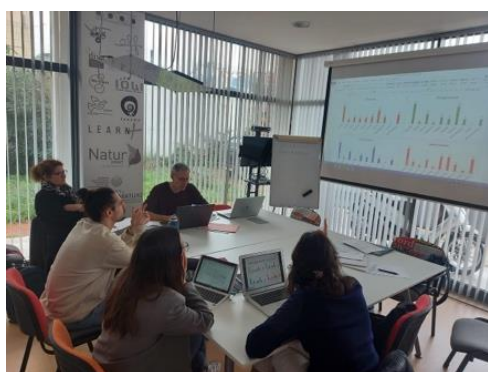
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda (Portugal)
- ✓ Coneqt (Dinamarca)
- ✓ Spolek PELICAN, z.s. (República Checa)
- ✓ MARYSE COPPET (França)



*HOPE: Home and Overseas Project Management Excellence intends to create a professional training course for project managers in the community development sector. **Learn more at:***



On the 14<sup>th</sup> and 15<sup>th</sup> of November the AidLearn team received in Lisbon the partners on the HOPE project. During this reunion we discussed the finalization of the Field Research, and the next steps of the Skillset, which will support the recruitment and the applications of project managers. The partners also went to visit the Aga Kahn Foundation, in the Ismaili center. After, they reunited with the coordinator of partnerships, knowledge production and dissemination for a very rich sharing of knowledge.



On the 16<sup>th</sup> December the HOPE team had a virtual meeting to discuss the result 3, which consists on the production of a skillset of development project coordinator skills, as well as the next steps of the project.



## HOPE PROJECT

**Coordinator: IFAID Aquitaine (France)**

**Partners:**

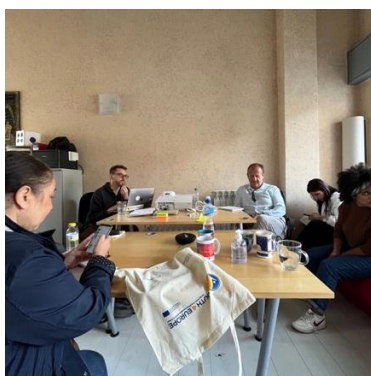
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ ASOCIACION NAVARRA NUEVO FUTURO (Spain)



*YOU CAN: YOUTH with migrant dropout tackling: CAPacity building aims to be a reference in preventing school drop-out among migrant youth. The project will develop outcomes for teachers and educators in order to promote migrant students' social inclusion and prevent them from dropping out of school. **Learn more at:***



In the first week of October, AidLearn traveled to Milan (Italy) to meet about the You Can project, which has the participation of Portugal, Belgium, Greece, Spain and Italy. During this week we outlined the next steps.



On the 29<sup>TH</sup> November we did an O2O in Italy.



## YOU CAN PROJECT

**Coordinator: EUROPEAN CENTRE FOR ECONOMIC AND POLICY ANALYSIS AND AFFAIRS (Belgium)**

### Partners:

- ✓ 2o Epaggelmatiko Lykeio Katerinis (Greece)
- ✓ CAMARA OFICIAL DE COMERCIO E INDUSTRIA DE CACERES (Spain)
- ✓ ASSOCIAZIONE DI PROMOZIONE SOCIALE JOINT (Italy)
- ✓ Associazione Sportiva Dilettantistica Association Maison d'Enfant pour la Culture et l'Education Baity APS (Italy)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)

The project ECOS (EU - "RE" creation: Developing Competences of Seniors) is dedicated to developing cooperation and exchanging experiences of educators working with persons at risk of marginalization due to age, health condition, and limited physical or mental performance. **Learn more at:**



On the 3rd and 4th of October, AidLearn went to Vienna to meet with the rest of the ECOS project team.



### ECOS PROJECT

**Coordinator: Poleski Osrodek Sztuki (Poland)**

#### Partners:

- ✓ PRO-MED sp. z o. o. (Poland)
- ✓ Norrköpings stadsmuseum (Sweden)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda (Portugal)
- ✓ Galileo.it S.r.l (Italy)
- ✓ Die Wiener Volkshochschulen GmbH (Austria)



**PEER TRAIN: Strengthening Capacities to Support Active Ageing in the Conditions of the 21st Century - Peer Mentoring Program for People 50+** aims to foster active ageing and the digital inclusion of individuals aged 50 and over through Peer-Mentoring. **Learn more at:**



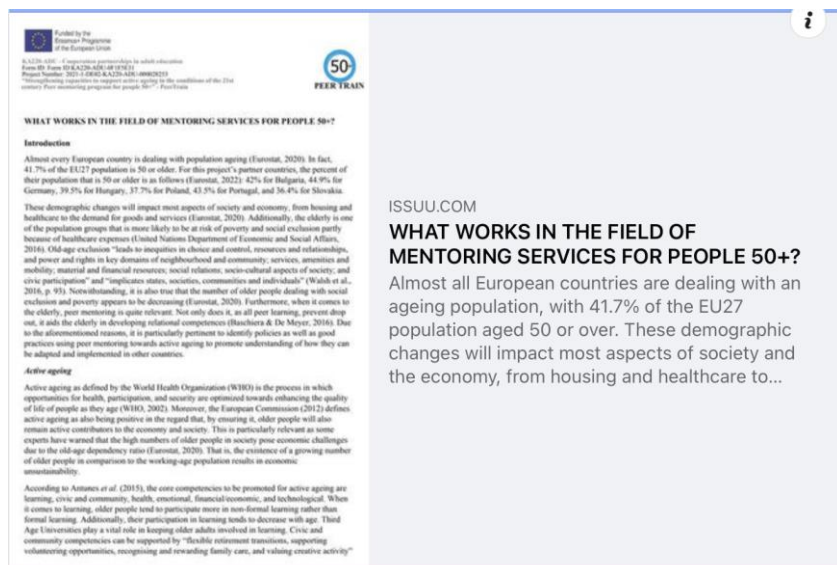
On 22th November, the Project Peer Train, released a comparative study: [“What works in Peer mentoring for people 50+”](#). On 26th November, the Project Peer train has also released its first result, a scientific paper that focuses on how mentoring services work for people over 50.

## What Works in Peer mentoring for people 50+?

**A Comparative Study**



Co-funded by the European Union

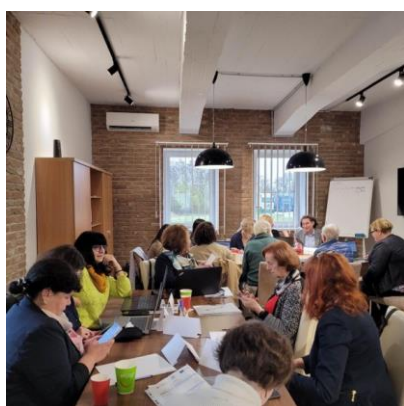




*PEER TRAIN: Strengthening Capacities to Support Active Ageing in the Conditions of the 21st Century - Peer Mentoring Program for People 50+ aims to foster active ageing and the digital inclusion of individuals aged 50 and over through Peer-Mentoring. **Learn more at:***



On the first week of December we were in Hungary, Szombathely, with the partnership of the Peer-Train project. In this meeting we discussed the presentation of outcome 1 - "What works in the field of mentoring services for people over 50?" and presented the course modules as well as the mentoring activities proposed by each partner.



## PEERTRAIN PROJECT

**Coordinator: EureCons Förderagentur GmbH (Germany)**

### Partners:

- ✓ Spolupracou pre lepsiu buducnost - Velky Meder (Slovakia)
- ✓ Human Profess Közhasznú Nonprofit Kft. (Hungary)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda (Portugal)
- ✓ Balkan Agency for Sustainable Development (Bulgaria)
- ✓ PRO-MED sp. z o. o. (Poland)



*Hedy: Life in the AI Era stands for being a source of information regarding Industry 4.0 digital technologies, namely Artificial Intelligence (AI), by enlightening its possible positive future applications, whilst clarifying its possible impacts. **Learn more at:***



At the end of November, AidLearn met with the HEDY project partners in Barcelona. The already published [booklet](#) was presented and discussed. The next results to be developed - Toolkit and MOOC - were also discussed.



## HEDY PROJECT

**Coordinator: OBUDAI EGYETEM (Hungary)**

**Partners:**

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Bulgarian Association of ergonomics and Human Factors (Bulgaria)
- ✓ UNIVERSITAT POLITECNICA DE CATALUNYA (Spain)
- ✓ ACEEU GmbH (Germany)



*ECN4MI: Establishment of a coordinated and collaborative network on migrant issues in Europe aims to create and develop a collaborative network in Europe for the social inclusion of migrants and refugees.*

**Learn more at:**



On the 30th of November, the ECN4MI multiplier event was held at the Higher Education Institute of Education, in Santarém, by Maria Helena Antunes and Marisol Carmelino with the attendance of 61 participants, where the results of the project were presented.



|  |   |
|--|---|
| <br>30 NOVEMBRO 2022   10:45 - 12:45<br><b>SEMINÁRIO</b><br><b>CINEMA PARA A INCLUSÃO SOCIAL</b><br><b>REFUGEES</b><br><b>CINEMA-BASED LEARNING</b><br><small>Escola Superior de Educação de Santarém<br/>Complexo Andalus, Apt. 131, 2019-002 Santarém</small> |   |
| 10:45 - 11:00  | Registo dos participantes   |
| 11:00 - 11:15  | Sessão de Abertura<br>Marta Uva (ESE Santarém)  |
| 11:15 - 12:15  | Projeto ECN4MI<br>Projeto RefugeesIN<br>Maria Helena Antunes<br>Marisol Carmelino<br>(AidLearn) |
| 12:15 - 12:30  | Visionamento do documentário<br>Daud  |
| 12:30 - 12:45  | Discussão Plenária<br>Sessão de Encerramento  |



## ECN4MI PROJECT

**Coordinator: KVALIFIKACIJA IR PROFESINIO MOKYMO PLETROS CENTRAS (Lithuania)**

### Partners:

- ✓ VIESOJI ISTAIGA VILNIAUS JERUZALES DARBO RINKOS MOKYMO CENTRAS (Lithuania)
- ✓ Lithuanian Conflict Prevention Association (Lithuania)
- ✓ Beramí berufliche Integration e.V. (Germany)
- ✓ Stiftelsen Litorina Folkhögskola i Karlskrona (Sweden)
- ✓ Consorzio Scuola Comunità Impresa (Italy)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)





The Erasmus+ project *E-SilverTour: Digital Marketing Competencies Development for Silver Tourism Expert* aims to develop digital marketing competencies in the staff of senior citizen organizations and tourism professionals to promote tourism for senior citizens. **Learn more at:**



On the 24th and 25th of October we met in Badajoz, Spain, with the other partners of the eSilver Tour project. We discussed one of the results of the project: an online platform.



## E-SILVERTOUR PROJECT

**Coordinator: E-VSENIORS: INITIATION DES SENIORS AUX NTIC ASSOCIATION (France)**

### Partners:

- ✓ EOLAS S.L (Spain)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ VIESOJI ISTAIGA KAUNO MOKSLO IR TECHNOLOGIJU PARKAS (Lithuania)
- ✓ Confederação do Turismo de Portugal (Portugal)
- ✓ 50 + HELLAS ASTIKI ME KERDOSKOPIKIETAIRIA (Greece)

## AidLearn at the National level

On the 25th of October, we visited the Dr. João de Brito Camacho School, where we signed the protocol that formalized the collaboration with Centro Qualifica de Almodôvar. This collaboration exists since 2007 and it consists of training development work to enrich the skills of adults in the region.



On November 14<sup>th</sup> started actions 1 and 2 of the Laboratory of Social and Professional Skills, Environment and Health at Work, Risk Assessment and Control course. This course has a duration of 125 hours each and happens within the scope of the Professional Training project for the region of Alentejo.

On October 3<sup>rd</sup> started the Basic Food Care course, with a duration of 75 hours, within the scope of the Professional Training project for the Center region. This course is taught by the trainers Anabela Cerva and Ley Garcia.





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