

27th Edition/January 2023

HIGHLIGHTED

The Project Peer Train has released its first result



The multiplier event of the ECN4MI Project took place in Santarém



National training offer and other news!

AIDLEARN

Training, Research-Action and Consulting Company, which has been operating at national and European level since 2003, dedicated to design, implementation and evaluation of studies, projects and training activities that favour individual and/or organizational development. It is a training entity certified by <u>DGERT</u> (Directorate General for Employment and Labour Relations) in various areas of education and training.

Find out more about AidLearn and follow us!



AidLearn Newsletter

The publication of the **AidLearn Newsletter** is addressed to partners and customers of the company's networks. It aims to:

- Promote business activity;
- Keep in touch with all stakeholders;
- Provide useful and timely information.

In this 27th edition (January 2023), we will present the main news about national and international projects coordinated by AidLearn or developed in partnership, from October to December 2022.





CarboNostrum: Climate-Smart Agriculture in a Changing World aims to develop an educational platform about land management practices capable of ensuring the sustainable use of natural resources and the capture of atmospheric carbon dioxide under Mediterranean soils. Learn more at:





In the last week of October, the CarboNostrum project team participated in a transnational meeting in the beautiful Spanish city of Murcia, where it was hosted by CSIC partners. During this meeting, the progress of the project and the finalization of the first results were discussed. There was also the opportunity to visit two charming places that will be part of some future studies.

The <u>CarboNostrum project flyer</u> was published, where you can find essential information about the objectives and products of the project.

Stay tunned with our Social Media to keep updated for the latest news!





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The <u>Farge Organik</u> film exhibition, which took place on October 9 at Cine Eco Seia, was a success!

The CineEco – Serra da Estrela International Environmental Film Festival, is the only film festival in Portugal, totally dedicated to environmental issues, in its widest sense.

Our collaborators and film experts, Carlota Flieg and Eduardo Amaro presented Farge Organik, the 1st film in a series of 11 in the category "TELEVISION SERIES AND REPORTS COMPETITION"!, which raised great interest among the participants.





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From the CarboNostrum project's series of best practices films, we proudly present the <u>Hortas da</u> <u>Rainha</u> and <u>Porcus Natura</u> films presenting Portuguese best practices in the Climate Smart Agriculture. Hortas da Rainha is a farm located in Torres Novas region that applies several agriculture techniques and also use the animals, as chickens and sheep, to regenerate the soil.

In Alentejo region, Montemor-o-Novo, there is the Porcus Natura regenerative farm that uses primarily the traditional alentejano black pig to regenerate the "Montado" soil. This farm is now producing high quality nutrient dense food whilst regenerating land and properly managing a highly diverse ecosystem.

To learn more about their fascinating work on the application of Climate Smart Agriculture watch the films in <u>AidLearn's YouTube page</u>.



CARBONOSTRUM PROJECT

Coordinator: The USE Concept, Lda. (Portugal)

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ MAYLOG NAKLİYAT VE LOJİSTİK HIZMETLERİ TİCARET LIMITED SIRKETI (Turkey)
- ✓ Molise verso il 2000 scrl (Italy)
- ✓ AGENCIA ESTATAL CONSEJO SUPERIOR DE INVESTIGACIONES CIENTIFICAS (Spain)
- ✓ ARISTOTELIO PANEPISTIMIO THESSALONIKIS (Greece)





UPSIM: Upskilling Paths for Social Integration of Migrants is an Erasmus+ project aimed at migrant women to help them develop soft skills and language skills to achieve their educational goals. Learn more at:



AidLearn

AidLearn hosted on the 10th and 11th November the UPSIM partnership meeting where we discuss the final steps for finalising the Training Handbook for UPSIM Mentors, the Mentorvention Cycle, and the tools associated with it.

We also the discuss what to include in the final toolkit for foreign-born women and the display of our project results in the UPSIM platform.

Partnership is planning the piloting in the beginning of next year, followed by Multiplier Events in April and May 23.





UPSIM PROJECT

Coordinator: Internationella Kvinnoföreningen (Suécia)

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda (Portugal)
- ✓ Coneqt (Dinamarca)
- ✓ Spolek PELICAN, z.s. (República Checa)
- ✓ MARYSE COPPET (França)







HOPE: Home and Overseas Project Management Excellence intends to create a professional training course for project managers in the community development sector. Learn more at:



On the 14th and 15th of November the AidLearn team received in Lisbon the partners on the HOPE project. During this reunion we discussed the finalization if the Field Research, and the next steps of the Skillset, which will support the recruitment and the applications of project managers. The partners also went to visit the Aga Kahn Fondation, in the Ismaili center. After, they reunited with the coordinator of partnerships, knowledge production and dissemination for a very rich sharing of knowledge.





On the 16th December the HOPE team had a virtual meeting to discuss the result 3, which consists on the production of a skillset of development project coordinator skills, as well as the next steps of the project.



HOPE PROJECT

Coordinator: IFAID Aquitane (France)

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ ASOCIACION NAVARRA NUEVO FUTURO (Spain)





YOUCAN: YOUth with migrant dropout tackling: CApacity building aims to be a reference in preventing school drop-out among migrant youth. The project will develop outcomes for teachers and educators in order to promote migrant students' social inclusion and prevent them from

dropping out of school. Learn more at:



AidLearn

In the first week of October, AidLearn traveled to Milan (Italy) to meet about the You Can project, which has the participation of Portugal, Belgium, Greece, Spain and Italy. During this week we outlined the next steps.





On the 29TH November we did an O2O in Italy.





YOUCAN PROJECT

Coordinator: EUROPEAN CENTRE FOR ECONOMIC AND POLICY ANALYSIS AND AFFAIRS (Belgium)

- ✓ 20 Epaggelmatiko Lykeio Katerinis (Greece)
- ✓ CAMARA OFICIAL DE COMERCIO E INDUSTRIA DE CACERES (Spain)
- ✓ ASSOCIAZIONE DI PROMOZIONE SOCIALE JOINT (Italy)
- ✓ Associazione Sportiva Dilettantistica Association Maison d'Enfant pour la Culture et l'Education Baity APS (Italy)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)





The project ECOS (EU - "RE" creation: Developing Competences of Seniors) is dedicated to developing cooperation and exchanging experiences of educators working with persons at risk of marginalization due to age, health condition, and limited physical or

mental performance. Learn more at:



On the 3rd and 4th of October, AidLearn went to Vienna to meet with the rest of the ECOS project team.







ECOS PROJECT

Coordinator: Poleski Osrodek Sztuki (Poland)

- ✓ PRO-MED sp. z o. o. (Poland)
- ✓ Norrköpings stadsmuseum (Sweden)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda (Portugal)
- ✓ Galileo.it S.r.l (Italy)
- ✓ Die Wiener Volkshochschulen GmbH (Austria)







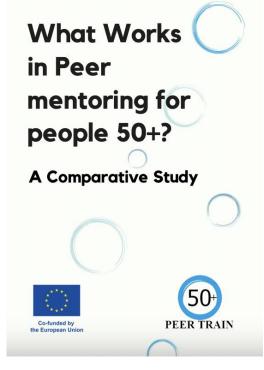
PEER TRAIN: Strengthening Capacities to Support Active Ageing in the Conditions of the 21st Century - Peer Mentoring Program for People 50+ aims to aims to foster active ageing and the digital inclusion of individuals aged 50 and over through Peer-Mentoring. Learn more at:



AidLearn

On 22th November, the Project Peer Train, released a comparative study: <u>"What works in Peer mentoring for</u> <u>people 50+"</u>. On 26th November, the Project Peer train has also released its first result, a scientific paper that focuses on how mentoring services work for people over 50.

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WHAT WORKS IN THE FIELD OF MENTORING SERVICES FOR PEOPLE 50-

Almost every European country is dealing with population ageing (Eurostat, 2020) 41.7% of the EU2? population is 50 or older. For this project's partner countries, il their population that is 50 or older is as follows (Eurostat, 2022): 42% for Bulgaria

Gammar, 2025. Ion Hangar, 3.77. Ion Paund, 4.23% in trengal, and 3.0% is the showing Theor demographic bulkges will impact more access of noicivaj of concess, from boung and bathhouse to the demand for goods and services (Tausmatz, 2020). Additionally, the elaberty is one of the populsane groups that more Marky to home and a structure services of the third Markowski and the structure of the structure of the structure of the structure of the Markowski and the structure of the structure of the structure of the structure (Markowski and Structure). Structure of the structure of the structure modulity, material and financial resources, received relations and social affants, 2016, p. 915, Sociestistuation, and a structure of the structure of the structure in population of the structure of the structure of the structure of the structure is population of the structure of the structure of the structure of the structure of the population groups and the structure of the structure of the structure is population. Structure of the structure of the structure of the structure is population of the structure of the structure of the structure of the structure is population. Structure of the structure of the structure of the structure is population. Structure of the structure of the structure of the structure of the structure is population. Structure of the struct

terive ageing

Active aging a defined by the World Health Organization (WHD) in the process in which opportunities for health painteripation, and accessing or optimized to access characting the quality of life of propella as they age (WHD. 2022). Moreover, the European Commission (2022) defines active against and looking positive in the trapped life, by ensuring a cold the propell will also remain active constributions to the concominy and access. This is particularly relevant as some coperation have second that health mathematical dep propells and labor during the diago dependency into (Lineandi, 2025). That is, the existence of a garoning number of dial people in anothermine to the working peopletion tensities in assome.

According to Anamce et al. (2015), the core competencies to be promoted for active gaing are largering, rive and community, both, remoting, functional common framework (common frame), and the constant of the second sec

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WHAT WORKS IN THE FIELD OF MENTORING SERVICES FOR PEOPLE 50+?

Almost all European countries are dealing with an ageing population, with 41.7% of the EU27 population aged 50 or over. These demographic changes will impact most aspects of society and the economy, from housing and healthcare to...





PEER TRAIN: Strengthening Capacities to Support Active Ageing in the Conditions of the 21st Century - Peer Mentoring Program for People 50+ aims to aims to foster active ageing and the digital inclusion of individuals aged 50 and over through Peer-Mentoring. Learn more at:



AidLearn

On the first week of December we were in Hungary, Szombathely, with the partnership of the Peer-Train project. In this meeting we discussed the presentation of outcome 1 - "What works in the field of mentoring services for people over 50?" and presented the course modules as well as the mentoring activities proposed by each partner.







PEERTRAIN PROJECT

Coordinator: EureCons Förderagentur GmbH (Germany)

- ✓ Spolupracou pre lepsiu buducnost Velky Meder (Slovakia)
- 🗸 Human Profess Közhasznú Nonprofit Kft. (Hungary)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda (Portugal)
- ✓ Balkan Agency for Sustainable Development (Bulgaria)
- ✓ PRO-MED sp. z o. o. (Poland)





Hedy: Life in the AI Era stands for being a source of information regarding Industry 4.0 digital technologies, namely Artificial Intelligence (AI), by enlightening its possible positive future applications, whilst clarifying its possible impacts. Learn more at:



At the end of November, AidLearn met with the HEDY project partners in Barcelona. The already published <u>booklet</u> was presented and discussed The the next results to be developed - Toolkit and MOOC - were also discussed.





AidLearn

HEDY PROJECT

Coordinator: OBUDAI EGYETEM (Hungary)

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portuga
- ✓ Bulgarian Association of ergonomics and Human Factors (Bulgaria)
- ✓ UNIVERSITAT POLITECNICA DE CATALUNYA (Spain)
- ✓ ACEEU GmbH (Germany)





ECN4MI: Establishment of a coordinated and collaborative network on migrant issues in Europe aims to create and develop a collaborative network in Europe for the social inclusion of migrants and refugees.

AidLearn

On the 30th of November, the ECN4MI multiplier event was held at the Higher Education Institute of Education, in Santarem, by Maria Helena Antunes and Marisol Carmelino with the attendance of 61 participants, where the results of the project were presented.







ECN4MI PROJECT

Coordinator: KVALIFIKACIJU IR PROFESINIO MOKYMO PLETROS CENTRAS (Lithuania)

- ✓ VIESOJI ISTAIGA VILNIAUS JERUZALES DARBO RINKOS MOKYMO CENTRAS (Lithuania)
- ✓ Lithuanian Conflict Prevention Association (Lithuania)
- ✓ Beramíi berufliche Integration e.V. (Germany)
- ✓ Stiftelsen Litorina Folkhögskola i Karlskrona (Sweden)
- ✓ Consorzio Scuola Comunità Impresa (Italy)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)







The Erasmus+ project E-SilverTour: Digital Marketing Competencies Development for Silver Tourism Expert aims to develop digital marketing competencies in the staff of senior citizen organizations and tourism professionals to promote tourism for senior citizens. Learn more at:



On the 24th and 25th of October we met in Badajoz, Spain, with the other partners of the eSilver Tour project. We discussed one of the results of the project: an online platform.





E-SILVERTOUR PROJECT

Coordinator: E-VSENIORS: INITIATION DES SENIORS AUX NTIC ASSOCIATION (France)

- ✓ EOLAS S.L (Spain)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ VIESOJI ISTAIGA KAUNO MOKSLO IR TECHNOLOGIJU PARKAS (Lithuania)
- ✓ Confederação do Turismo de Portugal (Portugal)
- ✓ 50 + HELLAS ASTIKI ME KERDOSKOPIKIETAIRIA (Greece)





AidLearn at the National level

On the 25th of October, we visited the Dr. João de Brito Camacho School, where we signed the protocol that formalized the collaboration with Centro Qualifica de Almodôvar. This collaboration exists since 2007 and it consists of training development work to enrich the skills of adults in the region.



On November 14th started actions 1 and 2 of the Laboratory of Social and Professional Skills, Environment and Health at Work, Risk Assessment and Control course. This course has a duration of 125 hours each and happens within the scope of the Professional Training project for the region of Alentejo.





On October 3rd started the Basic Food Care course, with a duration of 75 hours, within the scope of the Professional Training project for the Center region. This course is taught by the trainers Anabela Cerva and Ley Garcia.







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