

HIGHLIGHTED

**HOPE Project
meetings: Both
online and in Spain!**



**HEDY Focus Group
with non-experts!**



**Many new trainings
both in Alentejo and
Centre regions of
Portugal!**

AIDLEARN

Training, Research-Action and Consulting Company, which has been operating at national and European level since 2003, dedicated to design, implementation and evaluation of studies, projects and training activities that favour individual and/or organizational development. It is a training entity certified by DGERT (Directorate General for Employment and Labour Relations) in various areas of education and training.

Find out more about AidLearn and follow us!



AidLearn Newsletter

The publication of the **AidLearn Newsletter** is addressed to partners and customers of the company's networks.

It aims to:

- Promote business activity;
- Keep in touch with all stakeholders;
- Provide useful and timely information.

In this 24th edition (April 2022), we will present the main news about national and international projects coordinated by AidLearn or developed in partnership, from January to March 2022.

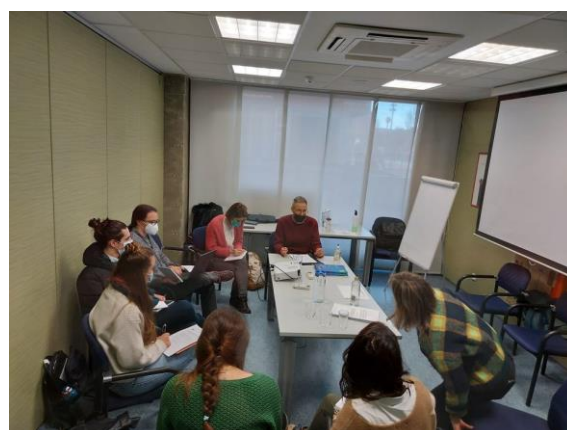


*HOPE: Home and Overseas Project Management Excellence intends to create a professional training course for project managers in the community development sector. **Learn more at:***



The HOPE project has been quite active on this first trimester of 2022!

Firstly, on the 4th of January the HOPE partnership met online to decide the project logo and also to plan their in-person meeting in Spain at the end of the month. Indeed, later that month, on the 24th and 25th, the partnership met in Pamplona. This meeting was very productive and resulted in the discussion and then development of shared concepts and definitions regarding different terms and job descriptions related to project management and cooperation in the development sector. This was pertinent because the aforementioned topics differ not only between sectors and organisations, but also between countries.



Then, on the 18th of February the HOPE partnership met again through Zoom to discuss the glossary which was being finalized, as well as a questionnaire on project management.



Finally, on the 25th of March, the partnership got together, once again, on an online format to do the final adjustments on the glossary which shall be made available very soon!

HOPE PROJECT

Coordinator: IFAID Aquitaine (France)

Partners:

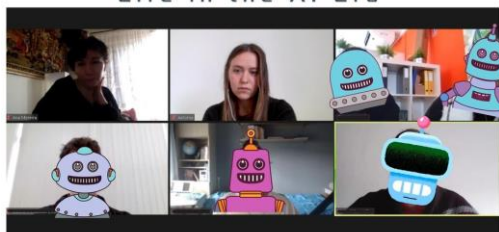
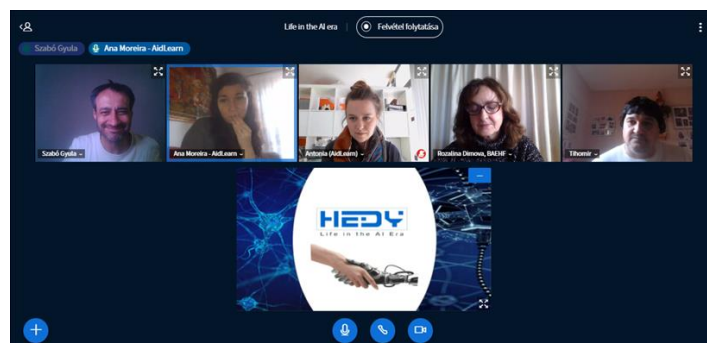
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ ASOCIACION NAVARRA NUEVO FUTURO (Spain)



*Hedy: Life in the AI Era stands for being a source of information regarding Industry 4.0 digital technologies, namely Artificial Intelligence (AI), by enlightening its possible positive future applications, whilst clarifying its possible impacts. **Learn more at:***



On the 4th of March, there was another meeting for the HEDY project. During this meeting the partners discussed their progress on the booklet and any issues they came across on organising the focus groups. Due to this, it was decided that partners could do a hybrid approach in which they conducted one focus group with non-experts in the area, and, if unable to do the focus group with experts, send experts a questionnaire.



Indeed, this hybrid approach was chosen by AidLearn which allowed us to reach 10 experts in the areas of training and AI, and then, on the 11th of March we conducted the focus group with the non-expert group which had 5 participants!

HEDY PROJECT

Coordinator: OBUDAI EGYETEM (Hungary)

Partners:

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Bulgarian Association of Ergonomics and Human Factors (Bulgaria)
- ✓ UNIVERSITAT POLITECNICA DE CATALUNYA (Spain)
- ✓ ACEEU GmbH (Germany)



*CarboNostrum: Climate-Smart Agriculture in a Changing World aims to develop an educational platform about land management practices capable of ensuring the sustainable use of natural resources and the capture of atmospheric carbon dioxide under Mediterranean soils. **Learn***

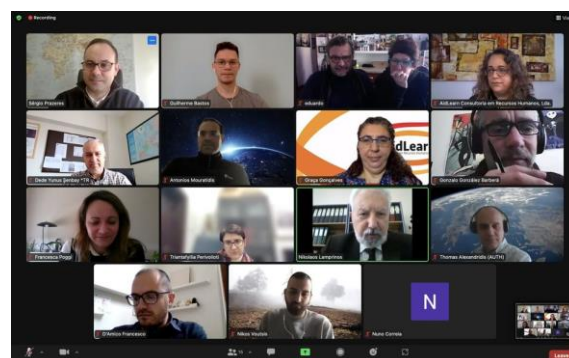
more at:



The first meeting of the CarboNostrum project happened on the 1st of February. During this meeting, the project's objectives were discussed and well as its target groups.

Then, on the 24th of February, the project logo and visual identity were finished! The project's visual identity was inspired by the fact that climate change has a particularly severe impact in vulnerable ecosystems and landscapes which is exactly the topic of the project, particularly in regards to vulnerable Mediterranean areas.

Finally, on the 4th of March, the partnership held its second virtual meeting towards defining the concepts of Sustainable Agriculture, Sustainable Land Management, and Climate Smart Agriculture that will be used in the development of the CarboNostrum Handbook and CarboNostrum Case Studies.



CARBONOSTRUM PROJECT

Coordinator: The USE Concept, Lda. (Portugal)

Partners:

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ MAYLOG NAKLİYAT VE LOJİSTİK HİZMETLERİ TİCARET LIMITED SİRKETİ (Türkiye)
- ✓ Molise verso il 2000 srl (Italy)
- ✓ AGENCIA ESTATAL CONSEJO SUPERIOR DE INVESTIGACIONES CIENTIFICAS (Spain)
- ✓ ARISTOTELIO PANEPISTIMIO THESSALONIKIS (Greece)

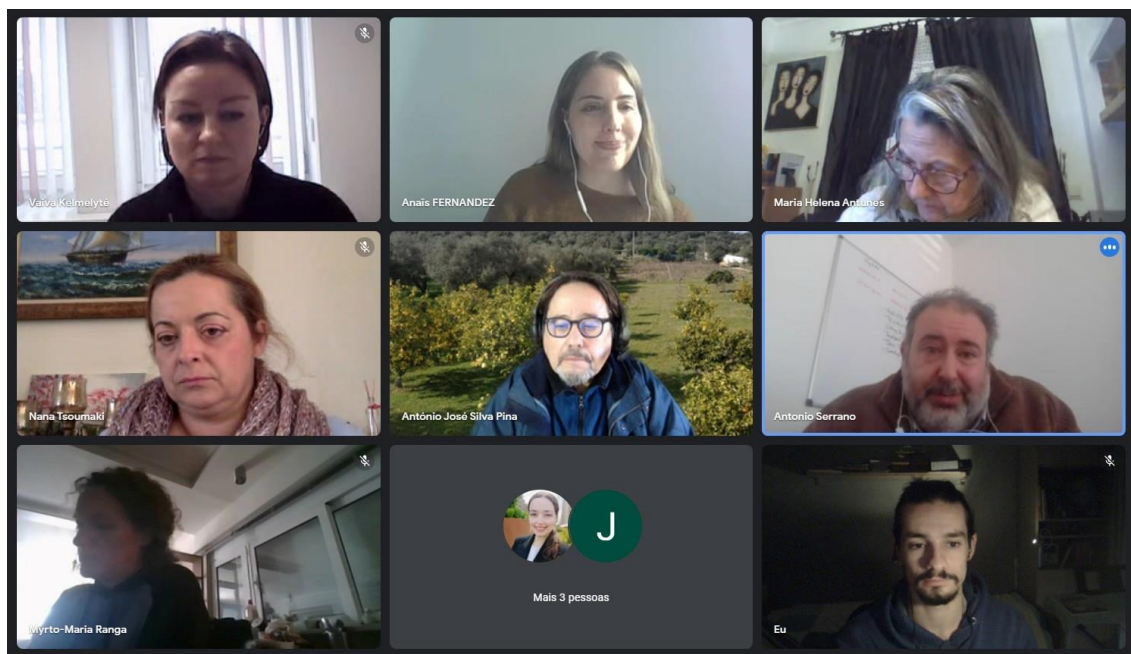




The Erasmus+ project *E-SilverTour: Digital Marketing Competencies Development for Silver Tourism Expert* aims to develop digital marketing competencies in the staff of senior citizen organizations and tourism professionals to promote tourism for senior citizens. **Learn more at:**



On the 20th of January, there was another online meeting with all the partners of the eSilverTour project. The course that is currently under development and focused on digital marketing for tourism products aimed at tourism staff and seniors was discussed, as well as the plan for the project's learning and dissemination platform.



E-SILVERTOUR PROJECT

Coordinator: E-SENIORS: INITIATION DES SENIORS AUX NTIC ASSOCIATION (France)

Partners:

- ✓ EOLAS S.L. (Spain)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ VIESOJI ISTAIGA KAUNO MOKSLO IR TECHNOLOGIJU PARKAS (Lithuania)
- ✓ Confederação do Turismo de Portugal (Portugal)
- ✓ 50 + HELLAS ASTIKI ME KERDOSKOPIKIETAIRIA (Greece)



The project ECOS (EU - "RE" creation: Developing Competences of Seniors) is dedicated to developing cooperation and exchanging experiences of educators working with persons at risk of marginalization due to age, health condition, and limited physical or mental performance. **Learn more at:**



On March 15th and 16th there was another ECOS transnational meeting, this time in Lisbon! During this meeting, decisions were made regarding the dates for all the project meetings and training activities. Furthermore, the trainings in Sweden and Portugal were discussed. The meeting ended with a visit to the National Costume Museum, the Dance and Theatre Museum, and the Botanical Park of Monteiro-Mor. This is particularly pertinent as it is one potential filming location for the Portuguese training.

ECOS PROJECT

Coordinator: Miejska Strefa Kultury w Łodzi (Poland)

Partners:

- ✓ PRO-MED sp. z o. o. (Poland)
- ✓ Galileo.it S.r.l (Italy)
- ✓ Die Wiener Volkshochschulen GmbH (Austria)
- ✓ Norrköpings stadsmuseum (Sweden)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)



*GainKids: Global Citizenship for Kids Project is an Erasmus+ European project on Global Citizenship for pre-schoolers based on the Convention on the Rights of the Child. **Learn more at:***



During the 10th and 11th of February 2022, AHEAD invited the partners of the GAINKids project to Barcelona to host the fourth transnational project meeting. During this meeting, the final adjustments for the transnational research on Global Citizenship in Education were made. Similarly, the website was worked on and will have interesting information and resources about the project, the partners and Global Citizenship!

We also had the opportunity to have a look into the different stories that were developed together with educators and children themselves on various topics of Global Citizenship, such as equal opportunities for all children or non-discrimination and diversity, all of which are now being transformed into storybooks for the children, which will be accompanied by a handbook providing ideas how to use these storybooks.



GAINKIDS PROJECT

Coordinator: APEI - Associação de Profissionais de Educação de Infância (Portugal)

Partners:

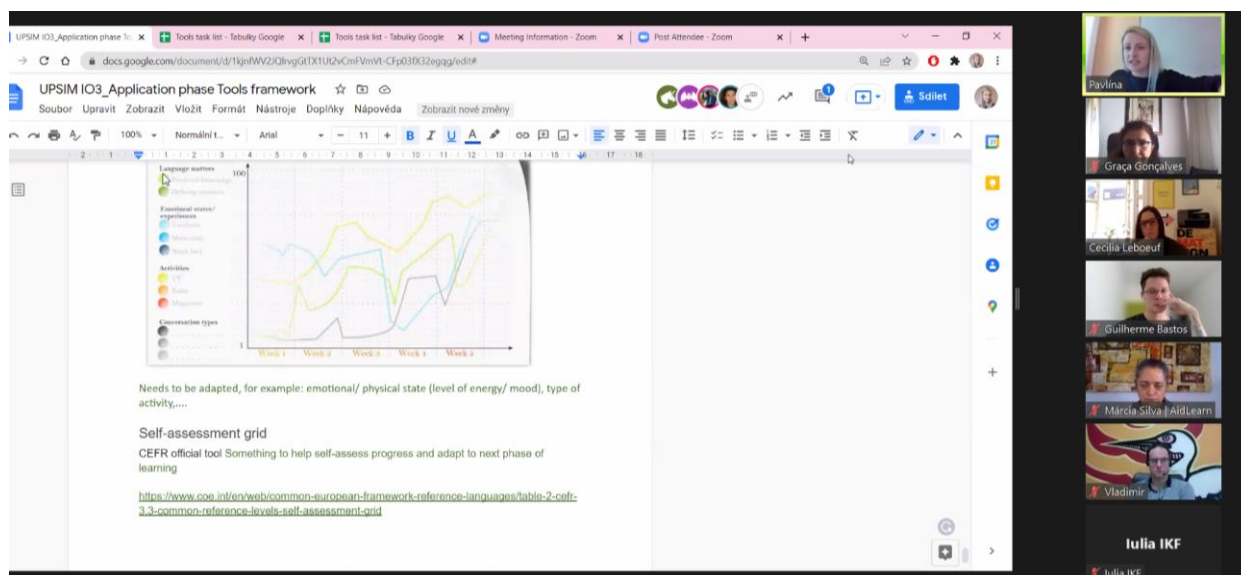
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Association of Human Rights Educators – AHEAD (Spain)
- ✓ ASSOCIAZIONE CULTURALE PICCABULLA (Italy)
- ✓ UNIWERSYTET LODZKI (Poland)
- ✓ INSTITUTO POLITECNICO DE BRAGANÇA (Portugal)





On the 28th of February the UPSIM partnership had an online brainstorm session to discuss the creation of the self-learning tools for foreign-born women to learn the language of the host country. These tools will be created considering the dimensions agreed by the partnership, the Application phase of the Mentorvention cycle, and the Learning in the Wild process.

Moreover, the project now has a [Flyer](#) and a [Newsletter](#) available. Check them out!



UPSIM PROJECT

Coordinator: IKF (Sweden)

Partners:

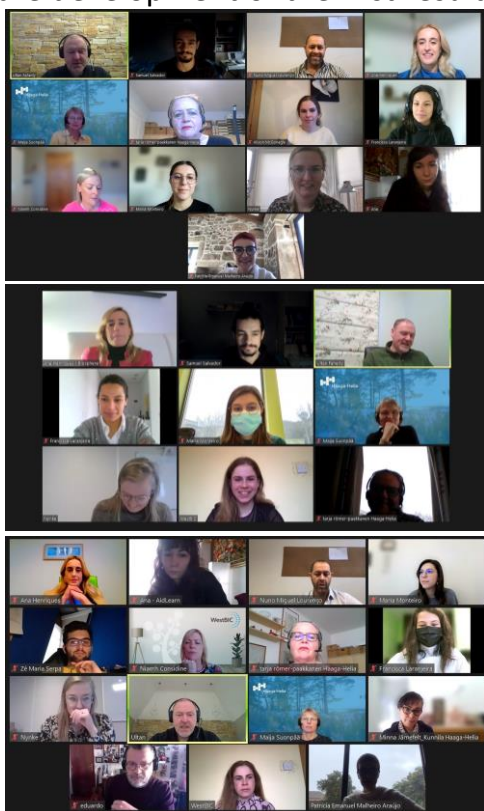
- ✓ Coneqt (Denmark)
- ✓ EOLAS S.L. (Spain)
- ✓ Spolek PELICAN (Czech Republic)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Municipalité de Saint-François – France (France)



ENTRUST: Supporting Senior Entrepreneurship in Sustainable Tourism aims to promote the preservation of cultural heritage through the creation of sustainable tourism businesses with a positive social impact on the region where they are located.



On January 13th and 14th, the ENTRUST partnership met online for the project's Kick-off meeting! The purpose of the meeting was to take the first steps of the project, starting already the preparation of the plans that will support the work to be done, as well as the beginning of the development of the first results.



Then, on the 17th of February, the partnership met again to discuss the project logo and the progress on the questionnaire to be applied to entrepreneurs aged 50 or more and to tourism organizations.

Finally, on the 31st of March, there was another progress meeting. This time not only to discuss the project results 1 and 2 and their development, but also the in-person meeting in the Netherlands and the cinema training with AidLearn's Eduardo Amaro.

ENTRUST PROJECT

Coordinator: INNOVATION AND MANAGEMENT CENTRE LIMITED (Ireland)

Partners:

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Biosphere Portugal (Portugal)
- ✓ STICHTING BUSINESS DEVELOPMENT FRIESLAND (Netherlands)
- ✓ HAAGA-HELIA AMMATTIKORKEAKOULU OY (Finland)





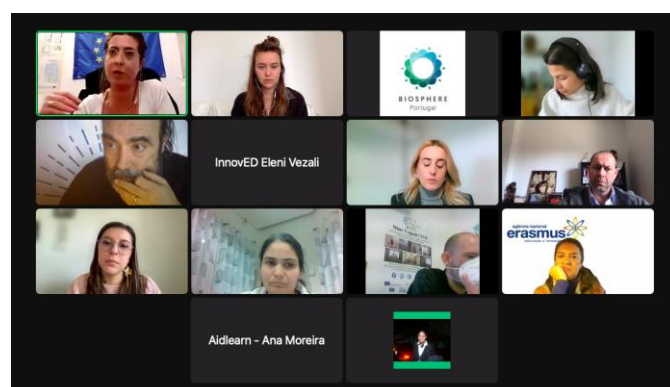
CECIL: Circular economy education for the social inclusion of Women addresses the need to promote Circular Economy and Sustainability among women at risk of exclusion by promoting greater interaction between the European Green Deal and the EU Gender Equality Strategy 2020-2025.

Learn more at:



The Kick-off meeting for the CECIL project occurred online on the 27th of January. The project focuses on the combination of circular economy education and social inclusion for women at risk of exclusion. Throughout the next two years, the partnership will develop a guide as well as an interactive toolkit, but also create a practitioners group to exchange, grow and learn together.

On the 3rd of March, the project had another meeting, this time to check the progress on the questionnaire under progress and aiming at understanding (educational) needs and barriers for women at risk of social exclusion.



CECIL PROJECT

Coordinator: Biosphere Portugal (Portugal)

Partners:

- ✓ MINE VAGANTI NGO (Italy)
- ✓ CENTER FOR EDUCATION AND INNOVATION (Greece)
- ✓ Youth Europe Service (Italy)
- ✓ MOBILIZING EXPERTISE AB (Sweden)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)



ECN4MI: Establishment of a coordinated and collaborative network on migrant issues in Europe aims to create and develop a collaborative network in Europe for the social inclusion of migrants and refugees. [Learn more at:](#)



The ECN4MI project now has its own website! Additionally, the partnership has been invested in disseminating the project and discussing the results. AidLearn has focused on why Portugal was still welcoming refugees from all over the world, partly because it has one of the highest numbers of elderly people in the EU and thus needs young people to come work to ensure its economic sustainability, even before the current worldwide wave of solidarity towards Ukrainian refugees. On this subject, ECN4MI's partnership expressed their support for Ukraine and hopes that the invading troops from the neighboring country withdraw from Ukraine's territory soon. Furthermore, this conflict also serves to reinforce the relevance of projects, such as ECN4MI, aiming to create an effective national network to support the reception and social inclusion of refugees.



ECN4MI PROJECT

Coordinator: KVALIFIKACIJU IR PROFESINIO MOKYMO PLETROS CENTRAS (Lithuania)

Partners:

- ✓ VIESOJI ISTAIGA VILNIAUS JERUZALES DARBO RINKOS MOKYMO CENTRAS (Lithuania)
- ✓ Lithuanian Conflict Prevention Association (Lithuania)
- ✓ beramí berufliche Integration e.V. (Germany)
- ✓ Stiftelsen Litorina Folkhögskola i Karlskrona (Sweden)
- ✓ Consorzio Scuola Comunità Impresa (Italy)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)



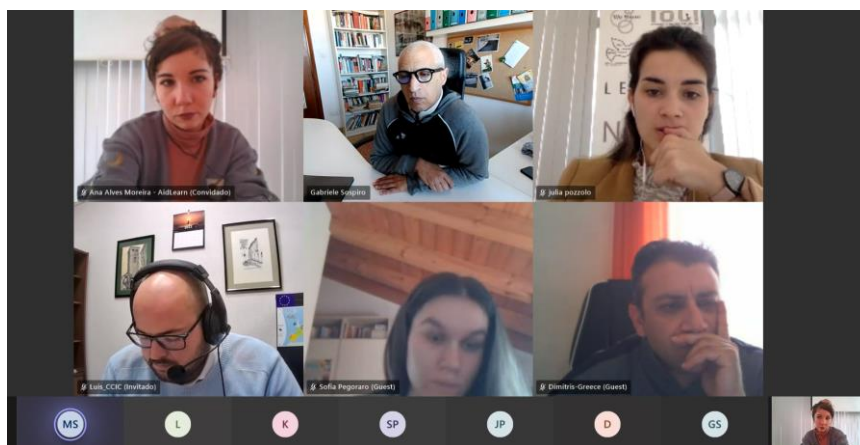


*YOU CAN: YOUth with migrant dropout tackling: Capacity building aims to be a reference in preventing school drop-out among migrant youth. The project will develop outcomes for teachers and educators in order to promote migrant students' social inclusion and prevent them from dropping out of school. **Learn more at:***



On the 16th of February, the YOU CAN partnership met online for the first time to officially launch the project! The partners introduced themselves and the project's first steps were discussed, particularly the first transnational meeting in Turin.

YOU CAN aims to be a reference addressing the drop-out of youths with migrant background. To this end, the project established a well-rounded partnership in terms of skills and experience and partners will visit each other in order to learn and share methodologies and experiences. Additionally, the project will develop results aimed at teachers and trainers working with youth, particularly working with those with a migrant background, towards promoting the social inclusion of their learners and preventing their drop-out.



YOU CAN PROJECT

Coordinator: EUROPEAN CENTRE FOR ECONOMIC AND POLICY ANALYSIS AND AFFAIRS (Belgium)

Partners:

- ✓ 2o Epaggelmatiko Lykeio Katerinis (Greece)
- ✓ CAMARA OFICIAL DE COMERCIO E INDUSTRIA DE CACERES (Spain)
- ✓ ASSOCIAZIONE DI PROMOZIONE SOCIALE JOINT (Italy)
- ✓ Associazione Sportiva Dilettantistica Association Maison d'Enfant pour la Culture et l'Education Baity APS (Italy)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)





Click 'Til U Get It! addresses the lack of diversity in the STEM sector through the promotion of technology through STEAM subjects in school education by making lessons accessible and relevant for all school children.

During the 14th and 15th of February, the partnership of the Click 'Til U Get It (CTUGI) project met in person for the first time in Copenhagen, Denmark.

This was followed by another meeting during the last week of March, this time in Guadeloupe!

During the meetings, different aspects and concepts were discussed and defined towards developing a shared, cohesive and synergetic vision of the project among the partnership. Additionally, a work plan was created to achieve the set objectives.

What is intended with the CTUGI Project can be summarised in the following sentence: "Inspire ALL kids to take their seat at the tech learning table through teaching resources promoting a norm-critical approach to the design of learning experiences."



CTUGI PROJECT

Coordinator: COPPET Maryse (France)

Partners:

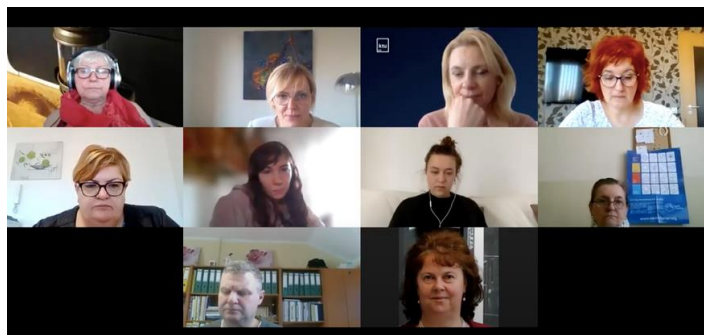
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Autens (Denmark)
- ✓ Josefine Jack Eiby (Denmark)
- ✓ Coneqt (Denmark)



PEER TRAIN: Strengthening Capacities to Support Active Ageing in the Conditions of the 21st Century - Peer Mentoring Program for People 50+ aims to foster active ageing and the digital inclusion of individuals aged 50 and over through Peer-Mentoring.



On the 7th of February the Peer Train project had its first online project meeting! During this meeting the partners discussed the project's timeline as its start was delayed and what could be done to speed it up. Additionally, on the 1st of March, the partnership met again and discussed the project and all its outputs, evaluation, and dissemination, and a decision was made about the logo.



PEER TRAIN PROJECT

Coordinator: EureCons Förderagentur GmbH (Germany)

Partners:

- ✓ Spolupracou pre lepsiu buducnost – Velky Meder (Slovakia)
- ✓ HUMAN PROFESS KOZHASZNU NONPROFIT KORLATOLT FELELOSSEGU TARSASAG (Hungary)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Balkanska Agenciya za Ustoychivo Razvitie (Bulgaria)
- ✓ PRO-MED spolka z ograniczona odpowiedzialnoscia (Poland)

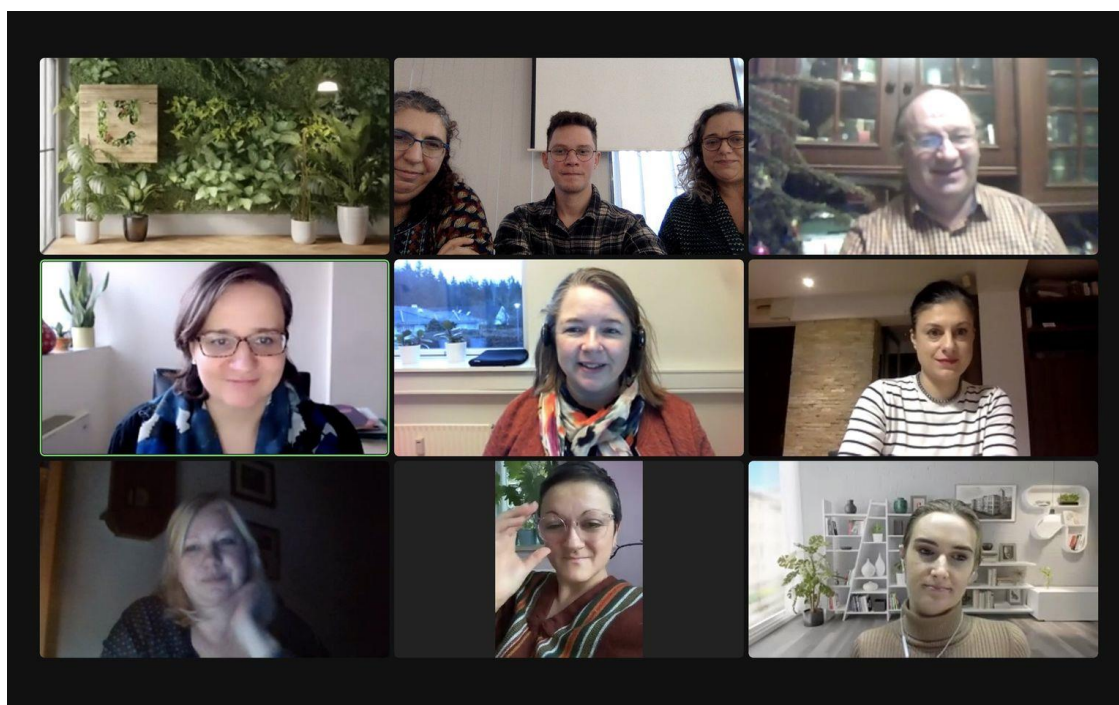




EASY: Educating Adults Against Stereotypes aims to promote understanding of age and gender stereotypes that can lead to discrimination in different sectors of society among adults. It will provide teaching resources for adult educators to use to facilitate inclusion and diversity.



On the 27th of January, the EASY partnership met online for the first time to launch the project. The purpose of the meeting was to meet the partners and discuss the project's first steps. EASY will address stereotypes and discrimination at work, mainly based on age and gender. The project will create a training course for adult educators and will offer tools capable of promoting diversity and inclusion to be shared with adult learners.



EASY PROJECT

Coordinator: UNIWERSYTET LODZKI (Poland)

Partners:

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ HF & VUC FYN (Denmark)
- ✓ OLYMPIAKI EPAIDEFTIKI KAI SYMVOULEFTIKI EPE (Greece)
- ✓ Asociatia pentru Educatie si Dezvoltare Durabila (Romania)



AidLearn at the National level

During the past three months, AidLearn has once again provided several professional training courses at the national level in both the Alentejo and Centre regions of Portugal.

Firstly, in the Alentejo region, the action 2 of the Personal, Social and Professional Skills Laboratories course, as well as the Fire Management, Safety and Health Project at the Workplace Course both started on January 10th, with a duration of 150 hours each. Then, on the 28th of March, the actions 3 and 4 of the Personal, Social and Professional Skills Laboratories course started, each with a duration of 150 hours.



AidLearn at the National level

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FORMAÇÃO FINANCIADA

CURSO DE LITERACIA DIGITAL
UFCD's
0693 | GESTÃO DE CORREIO ELETRÓNICO E INFORMAÇÃO NA WEB
8599 | COMUNICAÇÃO ASSERTIVA E EMPREGO
10526 | LITERACIA DIGITAL - INICIA

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FORMAÇÃO FINANCIADA

CURSO DE CONFEIÇÃO E TRANSFORMAÇÃO DE MASSAS
UFCD's
5302 | CONFEIÇÃO DE MASSAS DE PANIFICAÇÃO
9019 | TRANSFORMAÇÃO DE MASSAS CONGELADAS E PRÉ-COZIDAS CONGELADAS
9024 | TRANSFORMAÇÃO E ACABAMENTO DE PRODUTOS DE PADARIA E PASTELARIA

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CURSO DE DESOSSA DE CARNE E PREPARAÇÃO DE PESCADO

TERÇAS E QUINTAS-FEIRA
HORÁRIO PÓS-LABORAL
19H00 - 23H00
125 HORAS

UFCD 7753
APRESENTAÇÃO COMERCIAL DO PESCADO FRESCO, SALGADO SECO E CONGELADO

UFCD 9005
DESOSSA E CORTE DAS PEÇAS DO SUÍNO

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DESOSSA E CORTE DAS PEÇAS DO BOVINO

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