

HIGHLIGHTED

Inside-T Multiplier Event & Final Conference!



UPSIM meeting in Guadaloupe!



Job Shadowing Event at AidLearn!

AIDLEARN

Training, Research-Action and Consulting Company, which has been operating at national and European level since 2003, dedicated to design, implementation and evaluation of studies, projects and training activities that favour individual and/or organizational development. It is a training entity certified by [DGERT](#) (Directorate General for Employment and Labour Relations) in various areas of education and training.

Find out more about AidLearn and follow us!



AidLearn Newsletter

The publication of the **AidLearn Newsletter** is addressed to partners and customers of the company's networks.

It aims to:

- Promote business activity;
- Keep in touch with all stakeholders;
- Provide useful and timely information.

In this 23rd edition (January 2022), we will present the main news about national and international projects coordinated by AidLearn or developed in partnership, from October to December 2021.

Inside –T is a European Erasmus + project launched in November 2019, which aims to facilitate the promotion of local businesses by young adults, preferably women, who recover and take into account traditional knowledge and practices. **Learn more at:**



The Inside-T project has come to its last stretch! Therefore it was time for its multiplier event and the pilot action of its course on sustainable tourism! This happened on November 11th at *Instituto Politécnico de Viseu*. In the morning there was a presentation of the Project and some of the documentaries produced within it whilst in the afternoon the Inside-T platform and e-Tools were shown and tested by participants.



Then, on the 9th of December it was time for the Final Project conference at *Escola Superior de Hotelaria e Turismo in Vila do Conde*. This was a hybrid event in which participants could attend by personally going or by using their computer and accessing it online. This event also had an awards ceremony for the most inspiring documentary which was won by **Lá Em Cima!**



The following day – December 10th – the partnership got together again for the Final Project meeting which was also a hybrid event with some partners at *Grande Hotel do Porto* and the rest attending virtually.



INSIDE-T PROJECT

Coordinator: Domínio Vivo – Formação e Consultoria Lda (Portugal)

Partners:

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Confederação do Turismo de Portugal (Portugal)
- ✓ Universitatea Politehnica Timisoara (Romania)
- ✓ Innovation and Management Centre Limited (Ireland)
- ✓ Karuskose OÜ (Estonia)



*UPSIM: Upskilling Paths for Social Integration of Migrants is an Erasmus+ project aimed at migrant women to help them develop soft skills and language skills to achieve their educational goals. **Learn more at:***



Between November 16th and 19th, AidLearn co-developed and took part in a capacity-building week of the UPSIM project in Guadeloupe (France). The objectives of this activity were to present adult learning concepts and e-learning principles to foster the development of an interactive website for the UPSIM project, the sharing of tools, instruments, and good practices to support language acquisition and personal development of migrant women, brainstorming and workshops on how to adapt these tools to the needs of migrant women and professionals/volunteers who work with them, and, finally, launching the hashtag #SheCanYouCan2 with inspirational examples of migrant women and their stories.



UPSIM PROJECT

Coordinator: IKF (Sweden)

Partners:

- ✓ Coneqt (Denmark)
- ✓ EOLAS S.L. (Spain)
- ✓ Spolek PELICAN (Czech Republic)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Municipalité de Saint-François – France (France)



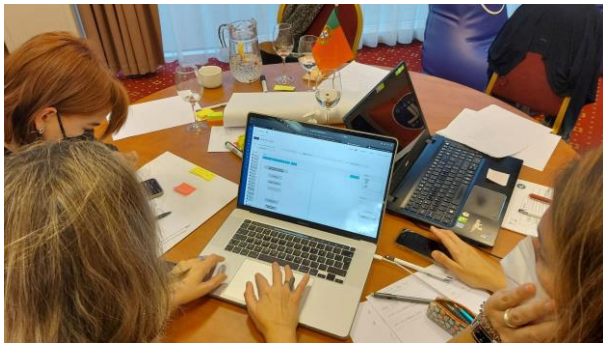
*HYBVET: Development of hybrid training in VET is an Erasmus+ project which aims to introduce and develop training in hybrid format to vocational learning. This type of training shows very positive results not only in relation to soft skills but also technical skills. **Learn more at:***



The HYBVET partners selected 4 VET trainers/specialists to attend a Short-term training event between the 15th and the 18th of November at the *Lithuanian University of Health Sciences* in Kaunas, Lithuania.

These 4 selected trainers/specialists were chosen according to the partners' selected education/training areas as they will then use the knowledge gained to pilot a specific programme, using a hybrid simulation training approach, in their country.

This event enabled them to design training content in hybrid simulation for any profession and to manage hybrid simulations.



HYBVET PROJECT

Coordinator: VIESOJI ISTAIGA VILNIAUS JERUZALES DARBO RINKOS MOKYMO CENTRAS (Lithuania)

Partners:

- ✓ Kriziu tyrimo centras (Lithuania)
- ✓ Panevezio darbo rinkos mokymo centras (Lithuania)
- ✓ Smiltenes tehnikums (Latvia)
- ✓ JÄRVAMAA KUTSEHARIDUSKESKUS (Estonia)
- ✓ INERCIA DIGITAL SL (Spain)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)



The project ECOS (EU - "RE" creation: Developing Competences of Seniors) is dedicated to developing cooperation and exchanging experiences of educators working with persons at risk of marginalization due to age, health condition, and limited physical or mental performance. [Learn more at:](#)



AidLearn has produced, within the ECOS Project, a video about active ageing and the use of creative methodologies, particularly cinema. To this end we interviewed former participants of the CINAGE Project as well as the film-maker/trainer. They discussed how movie and cinema can contribute to the reduction of age-related stereotypes and to help to promote later-life learning and active ageing. Check it out [HERE](#).

Additionally, the project finally had its launch meeting in Rome on the 16th and 17th of December hosted by the Italian partner. There the next steps in the project were discussed as well as the project's website which is now online and can be accessed [HERE](#).



ECOS PROJECT

Coordinator: Poleski Osrodek Sztuki (Poland)

Partners:

- ✓ PRO-MED sp. z o. o. (Poland)
- ✓ Galileo.it S.r.l (Italy)
- ✓ Die Wiener Volkshochschulen GmbH (Austria)
- ✓ Norrköpings stadsmuseum (Sweden)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)

Part of the E-Silver Tour team was able to meet face-to-face for a meeting on the 20th and 21st of October at Kaunas Science and Technology Park in Kaunas, Lithuania! The rest were able to join online as the meeting was conducted in a hybrid format. During this meeting, the partners discussed the project's next steps and the progress already made.



E-SILVERTOUR PROJECT

Coordinator: E-SENIORS: INITIATION DES SENIORS AUX NTIC ASSOCIATION (France)

Partners:

- ✓ EOLAS S.L. (Spain)
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ VIESOJI ISTAIGA KAUNO MOKSLO IR TECHNOLOGIJU PARKAS (Lithuania)
- ✓ Confederação do Turismo de Portugal (Portugal)
- ✓ 50 + HELLAS ASTIKI ME KERDOSKOPIKIETAIRIA (Greece)



GainKids: Global Citizenship for Kids Project is an Erasmus+ European project on Global Citizenship for pre-schoolers based on the Convention on the Rights of the Child. [Learn more at:](#)



On the 29th and 30th of November, the GAINKids: Global Citizenship for Kids Project partnership was reunited for their third transnational project meeting. The meeting was hosted by the partner IPB (*Instituto Politécnico de Bragança*) in Bragança, Portugal. The team discussed the focus group and questionnaire results. The team also elaborated the evaluation template for the two products: the storybooks collection for children and the handbook for educators.



GAINKIDS PROJECT

Coordinator: APEI - Associação de Profissionais de Educação de Infância (Portugal)

Partners:

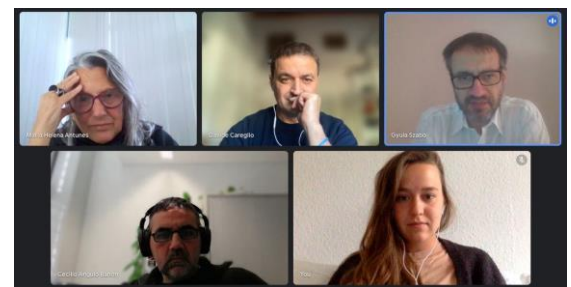
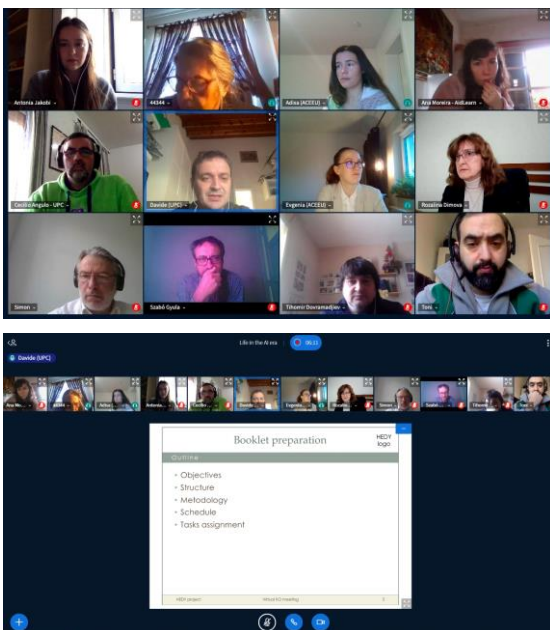
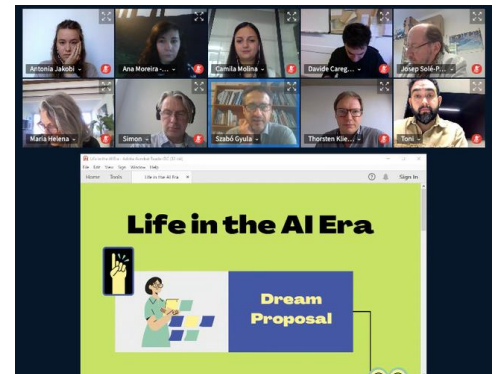
- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Association of Human Rights Educators – AHEAD (Spain)
- ✓ ASSOCIAZIONE CULTURALE PICCABULLA (Italy)
- ✓ UNIWERSYTET LODZKI (Poland)
- ✓ INSTITUTO POLITECNICO DE BRAGANÇA (Portugal)



Hedy: Life in the AI Era stands for being a source of information regarding Industry 4.0 digital technologies, namely Artificial Intelligence (AI), by enlightening its possible positive future applications, whilst clarifying its possible impacts.

The HEDY Project has officially launched and its first result, a booklet is under production. To this end the Project team has met on a few occasions.

Firstly, the partnership met online on October 26th to decide the date for the launch meeting. Then on the 19th of November there was another meeting so the first result Hedy Booklet could be discussed and planned.



Finally, on the 13th of December there was another meeting to further discuss the first result and better plan the official launch meeting planned to happen in January 2022 in Sofia, Bulgaria.

HEDY PROJECT

Coordinator: OBUDAI EGYETEM (Hungary)

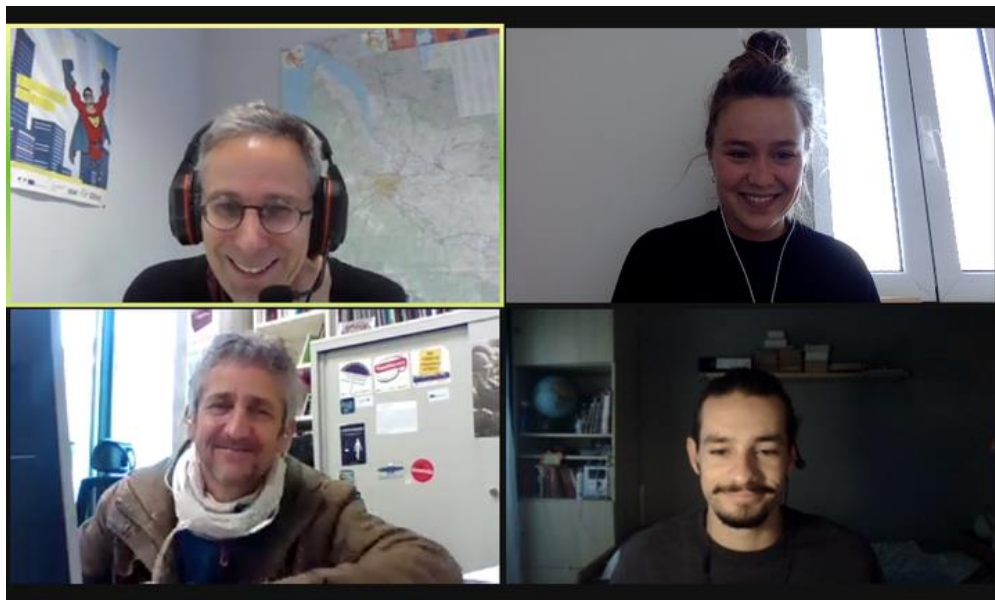
Partners:

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Bulgarian Association of Ergonomics and Human Factors (Bulgaria)
- ✓ UNIVERSITAT POLITECNICA DE CATALUNYA (Spain)
- ✓ ACEEU GmbH (Germany)



HOPE: Home and Overseas Project Management Excellence intends to create a professional training course for project managers in the community development sector.

On the 15th of November the HOPE partnership met to get to know each other and discuss the first steps to get the project going! HOPE focuses on the identification and evaluation of skills of European and international project managers working in the community development sector. It aims to develop and implement innovative trainings through which HOPE aims to strengthen project manager's competences. We are looking forward to getting started!



HOPE PROJECT

Coordinator: IFAID Aquitane (France)

Partners:

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ ASOCIACION NAVARRA NUEVO FUTURO (Spain)

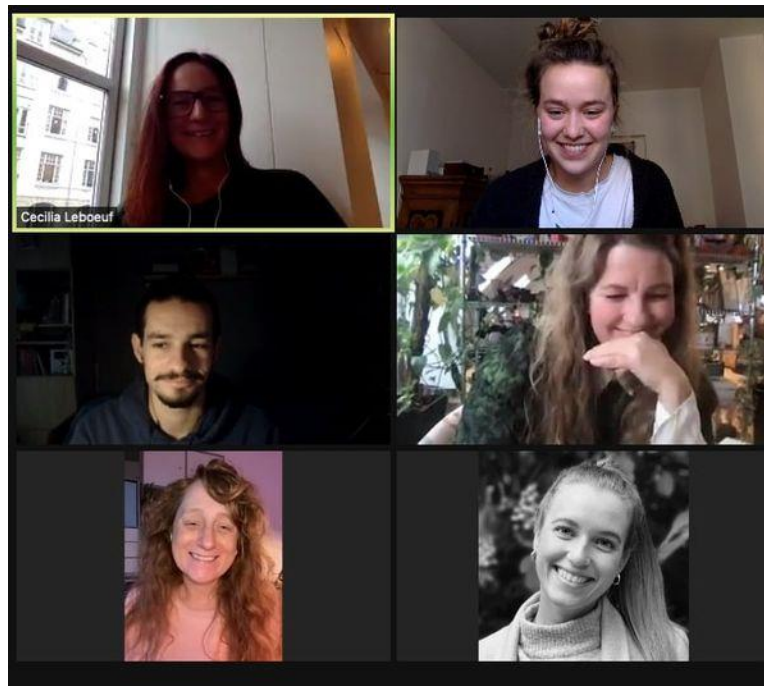
CTUGI

CTUGI: Click 'Til U Get It! addresses the lack of diversity in the STEM sector through the promotion of technology through STEAM subjects in school education by making lessons accessible and relevant for all school children.

On the 21st of December the Click 'Til U Get It! team met so they could get acquainted with one another and discuss the first steps of the project.

The project wishes to promote technology through Science, Technology, Engineering, Arts, and Mathematics (STEAM) subjects in school education.

The team is highly motivated to get started!



CTUGI PROJECT

Coordinator: COPPET Maryse (France)

Partners:

- ✓ AidLearn, Consultoria em Recursos Humanos, Lda. (Portugal)
- ✓ Autens (Denmark)
- ✓ Josefine Jack Eiby (Denmark)
- ✓ Coneqt (Denmark)



NEW PROJECTS!

Besides the aforementioned projects which have already had their launch meetings and/or some form of online meetings and are starting to be developed, a few others have also been financed and will be starting soon!

- EASY was approved by the Polish National Agency in the Adult Education action with the aim of addressing gender and age stereotypes in the workplace.
- CarboNostrum was approved by the Portuguese National Agency in the Vocational and Education Training action, and aims to develop educational and training resources to apply mitigation and adaptation solutions to climate change in poor soils and degraded Mediterranean ecosystems, contributing to the promotion of green employability, sustainable agricultural practices, food production within a reduced carbon footprint and preservation of traditional knowledge and modes of production, while exploring innovative approaches to environmental valuation within the current and relevant political and economic framework.
- CECIL, approved by the Portuguese National Agency in the Adult Education action, aims to promote the Circular Economy and Sustainability among women at risk of exclusion, promoting greater interaction between the European Green Agreement and the European Strategy for Gender Equality 2020-2025.





Newsletter

AidLearn at the National level

During the past three months, AidLearn provided several professional training courses at the national level.

Firstly, in the Centre region, the Course of Pastry and Dough Processing, which started on September 22nd, has come to a close on the 17th of December. This course had a duration of 150h and the trainers were Anabela Cerva and Ley Garcia with the support of *Haiti Pastelaria*.

Also in the Centre region, there were a few other courses that started in the meanwhile, as follows:



- The course of Meat Preparation started on November 2nd with a duration of 125h. The trainers for this course are Frederico Neto and Ley Garcia.
- The Fish Preparation course started on November 22nd, also with a duration of 125h, and taught by Frederico Neto, Ley Garcia, and Inês Moreira.
- The Social and Political Marketing course started on November 23rd, having a duration of 50h and lectured by Ley Garcia.



AidLearn at the National level



Aprender a Cuidar de Si !
Atelier de Alimentação Saudável
Inês Moreira - Nutricionista
"Aprender a cuidar de si para melhor cuidar dos outros!"

FORMAÇÃO
TRABALHOS EM ALTURA
NÍVEL 1

Dias 27 e 28 de Novembro
9 - 18 H
Duração: 16 horas
Local: Arruda dos Vinhos

INSCRIÇÕES: vmccanha@gmail.com | aidlearn@aidlearn.pt
FORMADOR RESPONSÁVEL: Vítor Canha
CONTACTO: 910 887 86

INTEGRAÇÃO
TERTIÁRIA
CERTIFICADA

- Also in the Centre region, AidLearn and *Associação Da Carlotazinha* did another edition of the course *ADC cuidar de si* (ADC take care of yourself) from October 12th to November 16th at ADC's headquarters in Leiria and with the trainer/nutritionist Inês Moreira.
- In Arruda dos Vinhos (Centre region as well), on the 27th and 28th of November there was another edition of Working in Heights with a duration of 16h.

To finalize the news about AidLearn at the national level, there were two courses in the Alentejo region: the Personal, Social and Professional Skills Laboratories course and the Layout and Expedition in Storage and Interpersonal Communication course. Both courses started on the 2nd of November and have a 150h duration.



FORMAÇÃO PROFISSIONAL
FORMAÇÃO FINANCIADA

CURSO DE LABORÁTORIOS DE COMPETÊNCIAS PESSOAIS, SOCIAIS E PROFISSIONAIS
UFCD's:
10382 | LABORATÓRIO DE COMPETÊNCIAS PESSOAIS
10383 | LABORATÓRIO DE COMPETÊNCIAS SOCIAIS
10384 | LABORATÓRIO DE COMPETÊNCIAS PROFISSIONAIS

CURSO DE LAYOUT E EXPEDIÇÃO EM ARMAZÉM E COMUNICAÇÃO INTERPESSOAL
UFCD's:
0350 | COMUNICAÇÃO INTERPESSOAL - COMUNICAÇÃO ASSERTIVA- PLANEAMENTO E ORGANIZAÇÃO
0419 | EXPEDIÇÃO EM ARMAZÉM
8518 | LAYOUT DE ARMAZÉM

FORMAÇÃO PROFISSIONAL
FORMAÇÃO FINANCIADA

HORÁRIO LABORAL
SEGUNDA À QUINTA
08 - 13 H
150 HORAS

Cofinanciado por: PO ISE, PORTUGAL 2020, UNÃO EUROPEIA, Fundo Social Europeu, AIDLEARN



Newsletter

Other News!

On the 6th of October, towards promoting environmental responsibility at the company, AidLearn purchased plants and some gardening was done with everyone ending up with having their own assigned plant.



Additionally, during the month of November AidLearn's filmmaker, Eduardo Amaro, recorded the AidLearn's collaborators for a video introducing all of AidLearn!

AidLearn was also invited to be a part of ISCTE-IUL's Skills Development Week and on the 15th of November AidLearn did a presentation on how to get the first job in which personal experiences were discussed and some of the content from the SALE project was introduced as it deals with this theme.

ECSSH SKILLS DEVELOPMENT WEEK 2021 WORKSHOPS

15 NOV 16.30 Online	Conquistar o primeiro emprego: Primeiros passos e estratégias Márcia Silva, AidLearn
16 NOV 16.30 Auditório Mário Murteira	Como fazer um pitch de empregabilidade David Mourão, Speak and Lead
17 NOV 16.30 Online	Carreiras e estágios na EU Zélia Dias, Centro de Informação Europeia Jacques Delors (CIEJD)
19 NOV 16.30 Online	Imagem pessoal e entrevistas de emprego Clara António, IBC Consulting

Logos: iscte, AidLearn, SPEAK & LEAD, CIEJD, FIB

OPORTUNIDADE DE ESTÁGIO CURRICULARES

- Iniciativa, Autonomia e Proatividade
- Comunicação Assertiva
- Criatividade
- Liderança
- Gestão e Organização
- Trabalho em Equipas Multiculturais e Multidisciplinares

Soft Skills que Procuramos

Workshop "Conquistar o Primeiro Emprego" 15 de Novembro 2021



Other News!

Finally, on November 28th and 29th, collaborators from *Poleski Osrodek Sztuki* came to AidLearn for a job shadowing event about creative learning methods to promote social inclusion. The CINAGE and RefugeesIN projects were discussed as well as the use of Movie-Based Learning in general and other learning methodologies like Paper Chase games.





Data Policy

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**For more information on
AidLearn's activity,
Do not hesitate to get in touch!**

